

The Woodland



WORD

November 2015



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Please use this telephone number to report all
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On-Site Management Team:

Justin LaHue General Manager
Justin.LaHue@fsresidential.com

Lisa Roquemore Assistant Manager
Lisa.Roquemore@fsresidential.com

Brittany McCorkle Administrative Assistant
Brittany.McCorkle@fsresidential.com

The On-Site office is located at the
Amenity Center at 12209 Timberland.

On-Site Hours: Monday- Friday 9am-6pm
Saturdays 10am-4pm

On-Site Number: 817-741-1719

On-Site Fax: 817-741-1720

After Hours Emergency: 214-871-9700

www.woodlandspringshoa.com

The Woodland Word

Is the only authorized and official monthly publication
for the residents of the Woodland Springs Community with news
and a calendar of community events endorsed by the
Woodland Springs HOA & its members.

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**Advertising Deadline for the December 2015 Issue
(Delivered before December 1st)**

Is October 30, 2015

Woodland Springs and Community News Connection (CNC) do not in any way endorse or support, nor does it take any credit or responsibility for any of the services, paid or volunteer, listed herein. The Woodland Word is not paid for by the home owners' dues and is not funded by the HOA in any way. The Woodland Word is not a negative publication. It is a community publication created to inform and serve the community. The Woodland Word strives to report only good news; we do not allow articles on politics, religion, controversial topics or any editorials. We also reserve the right to refuse any advertiser or article submission that we feel is not right for this "community philosophy" or not a good fit for this publication.

Breakfast with Santa



**The event will be
Saturday, December 5th
at the VOWS Amenity
Center.**

Pre-registration is required for breakfast sessions.

Admission is \$5.00,

Children 2 and younger are free.

First session: 8:30am to 9:30am

Second Session: 10:00am-11:00am

Both of these sessions will have breakfast.

Third Session: 11:00am-12:30pm is for photos
only. No food will be served.

Please register at:

<http://vowsbreakfast.athlete360.com>

Email events.vows@gmail.com

for more information

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The Spirit of Volunteering

of the "Spirit of Volunteering". By our commitment, they can see firsthand how a community comes together. Show your child how a little effort on your part can make an impact on the community.

Don't assume there isn't enough time to volunteer. Volunteering can be as simple as picking up trash as you walk your dog or walking with the neighbor kids while you walk your child to school. You can create your own act of kindness that can become a repeated gesture.

There are many volunteering opportunities that require training. Some are more structured do to rules and regulations of an establishment, such as a hospital, organization or a place of business. These require more time but can become a real passion and a labor of love.

The Citizens on Patrol are committed to fighting crime in VOWS. We are trained by FW Police officers, given the opportunity to ride with a patrol officer and listen to the 911 calls coming into the call center. After training, we are issued police radios, shirts, badges and signs for our car. We can participate as much as we like, because crime is not going away. There are even volunteer opportunities for shut-ins who can be trained to become a base radio operator in your own home.

We encourage you to find your passion and show your community spirit by volunteering. If you are interested in the Citizen on Patrol Program in VOWS please contact the North Div. Coordinator Brenda Fitts at Brenda.Fitts@fortworthtexas.gov.

The VOWs community has MANY kind hearted residents who step-up at a moments' notice to help residents in need. Whether it's advice, time, labor, transportation, services, support or monetary contributions, VOWS residents are known for open arms, big hearts and deep pockets! Some of which are so humble, they remain anonymous their entire life. We as a community should be proud that the residents of VOWS care enough to make a difference in North Fort Worth.

We can be daily examples to our children



As a nonprofit hunger relief organization, we distribute donated, purchased and prepared foods through a network of more than 340 Food Assistance Partners in 13 counties. Every day, we support the nutritional needs of children, families and seniors through education, advocacy and strategic partnerships.



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Coffee & Donuts

New Residents and Long-time VOWS Residents Welcome!

Start your morning off right with Friends and Coffee!

Wednesday, November 4, 2015

9:30am-10:30am

Come and Go or Stay a while and chat!

Stop by the Amenity Center at 12209 Timberland Blvd

and enjoy coffee, donuts and juice!!

If you are a new resident, owner or renter this will be an opportunity for you to ask any question you may have about the community. You will be able to pick up a pool card (homeowners will be given the card that morning. Renters will be given a form that they will need to give to their landlord to fill out.) This will also give you a chance to meet new neighbors!



Hope to see you there!!

Thank you so much to those of you who came by last month!
We hope to see all of you back along with some new faces!



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Justin's Double Puzzle

Unscramble each of the clue words. All words are related to The Villages of Woodland Springs.
Copy the letters in the numbered cells to other cells with the same number.

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Yard of the Month



Congratulations to the homeowners at 11809 Indian Pony Way for the most beautiful yard in VOWS for November 2015. The homeowners received a \$30 gift card courtesy of The Flower Ranch, a yard sign designating them Yard of the Month, and of course, bragging rights!

Thanks for making VOWS a beautiful place to live!
If you would like to nominate someone for yard of the month, please email lisa.roquemore@fsresidential.com

2015 Craft Night Dates



Amenity Center • 7:00pm-11:00pm

All day events: group decides the night before what time they will meet. On-Site Office opens at 10am if you arrive before the group gets to the amenity center. Be sure and "join" the Facebook page for more info on Craft Night. Search "VOWS Crafter's Corner"

2015

11/20/15
12/18/15

2016

1/15/16
2/19/16
3/25/16



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Save the Date!



2015

December 2..... Resident Coffee & Donuts

December 5..... Breakfast with Santa

2016

January 6..... Resident Coffee & Donuts

February 3..... Resident Coffee & Donuts

February 6..... Daddy Daughter Dance

BABYSITTERS OF WOODLAND SPRINGS

October 2015 - December 2015 Babysitter's List



Renee Garrett..... 817-201-1757

Bethany Kloesel 817-948-8835

(American Red Cross: First Aid, AED, CPR Certified)

Logan Thomas..... 817-228-8166

The young people listed below have offered their services as babysitters in our community; the contacts are provided here for information only. Please interview any candidates and make your own decision as to the candidate's capabilities & qualifications to stay alone with your child.

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10 Ways to Avoid Receiving a Violation Letter

1. Trash pickup is on Monday. All trash bins must be removed from view of the street by 12:00 AM on Tuesday.
2. Park utility trailers in your garage or behind your fence and out of view from the street.
3. Apply to the Architectural Control Committee for approval before making any exterior changes to your home or lot.
4. Apply to the Architectural Committee for approval before placing a storage building in your yard.
5. Keep flowerbeds free from weeds and grass.
6. Keep lawn under 6 inch height; edge your walkways and driveway.
7. Keep all toys (including basketball goals) behind your fence and out of view from the street.
8. A basketball goal can be placed in your driveway only, not on public sidewalks, in a street or cul-de-sac.
9. Park your vehicles in your driveway. If you park in the street, parking in front of mailboxes and over sidewalks is not permitted. Park only in front of your lot and on your side of the street.
10. Holiday decorations can be displayed up to one month before the holiday, but must be removed no later than 2 weeks after the holiday.

Your HOA Compliance Liaison will be driving the community to ensure all standards are met. Please take the time to make sure you are in compliance with the DCC&R's. If you have any questions, please contact the HOA Management Office at 817-741-1719.



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Each office is independently owned and operated.

Holiday Hours for On-Site Office

Just a reminder that the On-Site office on Timberland Blvd will be closed in observance of the Thanksgiving Holiday on Thursday, November 26, Friday, November 27 and Saturday, November 28.

Happy Thanksgiving to all!



Campbell's Soup in Your Keurig?



Yes, it is true! This new product from Keurig Hot delivers fresh brewed soup with the convenience of your Keurig!

Purchase Campbell K-cups at your favorite grocery store or online at Keurig.com. Two flavors are available at this time, Homestyle Chicken Broth & Noodle Soup Mix and Southwest Style Chicken Broth & Noodle Soup Mix. Each Campbell's Soup box includes pods and noodle packets made especially for Keurig coffee makers. Follow a few simple instructions and in minutes you have a steaming hot cup of soup!

We tried the Southwest Style Chicken Broth and Noodle. Our taste test concluded...this K- Cup soup is a success with wonderfully flavored slightly spicy broth, a good amount of noodles and vegetables.

All we need now is some cooler weather for a perfect soup experience!

Sprained ankle
Flu
Swallowed a penny
Earache
High fever
Bee sting
Burn

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CookChildren's 

How to Avoid Thanksgiving STRESS



Are you getting stressed just thinking about the Holiday season approaching? There are quite a few reasons why Thanksgiving may give us the jitters. From the stress caused

by having to plan a 3-course meal for 20+ people to being questioned again by your aunt when you will start having kids or why you've gained 10 lbs. Fortunately, there are a lot of things you can do to reduce this kind of holiday stress.

Plan as much ahead of time as you can

From getting an early head count to planning the menu well in advance, you'll feel much better knowing that you have at least one part of the day under control.

Lists are your best bet to avoid getting stressed out. Keep a master list of everything you need to do, along with smaller daily to-do lists and of course grocery lists. And then of course there's the "Honey Do" list, which brings us to...

Ask For Help

Get your family to help clean and get ready for the big day. They can run errands for you, help set the table, decorate and cook alongside with you. Ask every guest to bring a single dish. With everyone chipping in it will quickly add up. Ask those family members and friends who are "culinary

challenged", to bring some chips, drinks, or even napkins and paper plates. And, get them to help clean up afterwards. No one expects you to handle everything on your own. If you try and feel frazzled, they'll feel uncomfortable and won't enjoy the day as much.

Are you worried about getting drilled about the same questions?

Practice in advance how you'll answer those questions. If you know you'll get questions about weight gain or your husband's lost job, prepare yourself in advance with answers.

Practice your answers to some of the questions you'll be getting. If you can repeat the answers out loud enough before the event, you'll feel more confident answering them when the time comes.

If you still feel uneasy about the event, tackle it with a friend or hang out with a likeminded family member. Or have a secret signal with your husband for "help" so he knows to come rescue you.

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COMMUNITY ACTIVITIES

If you'd like to inform residents of a club, group, hobby, or interest, let us know - email the management office at lisa.roquemore@fsresidential.com with the subject ACTIVITIES. Only residents who are current with VOWS HOA assessments may participate. All meetings below are at the Amenity Center unless otherwise noted. Please note that scheduled activities or details may change after The Woodland Word goes to print, but up-to-date info can be found at: www.woodlandspringshoa.com/community-events-calendar/

VOWS TWO-STEP CLUB - Wednesdays, 6:30pm-7:30pm. This group is for those interested in learning country dance at the Amenity Center. Everyone is welcome, with or without a partner. There will be no room for children who are not participating in the lesson. For more information visit The Villages of Woodland Springs Two-Step Club Facebook page at <https://www.facebook.com/groups/1542475359355305/>

VOWS BOOK CLUB - Meets the first Thursday of the month at 8:30pm. Books are nominated and voted on by members. Add yourself to the Facebook group "woodland springs book club" for more information.

PiYo - Fri. 9:00am-10:00am. Come get a great strength, cardio, and flexibility workout using your own body weight. PiYo is for all fitness levels and very easy on the body. Great music too! Bring your yoga mat. (PiYo is a combination of yoga and Pilates but more fast-paced than traditional yoga.) For more info contact: Eileen at kekorsgaard@gmail.com

P90X-BOOT CAMP - Workouts Mon. - Fri. 5:30am; all fitness levels are invited. Must be 18 or older; register online at <http://tinyurl.com/VOWSBootCamp>. Contact robin.willits@fsresidential.com with questions.

FIT CLUB - Monday at 9:00am. Workout to PiYo, T25, Body Combat, 21 Day Fix and other Beachbody DVDs. For more info contact: Eileen at kekorsgaard@gmail.com

WALKERS/RUNNERS/BIKERS/TRI-ATHLETES - Saturdays 6:30am; meet at Bray Birch Park to go for a walk, run, or bike ride. Walkers/Runners are diverse in experience.

HOMESCHOOL GROUP - VOWS residents who homeschool children are invited to join the homeschool group, created to support each other. Please contact Holly Bender by email at vowshomeschool@gmail.com with HOMESCHOOL in the subject line.

PLAYGROUP - Bray Birch park after school 3:00pm. Everyone is welcome!

TODDLER PLAYGROUP - Playgroup for preschool age children. Please go to the VOWS Facebook page at [facebook.com/woodland.springs](https://www.facebook.com/woodland.springs) and search "VOWS Playgroup in the search box for more information on this group.

INFORMAL TODDLER SOCCER PRACTICE/GAMES - Soccer for Toddlers, ages 3 ½ to 6 years old. The group will meet at the Bray Birch Park on Tuesdays from 6:30pm-7:15pm. For more information contact Colleen at 817-600-3945.

TEENIMPROV GROUP - Wednesday 8:00pm; contact Paul Brough paul_brough@hotmail.com This group helps kids build confidence, creativity and individuality through activities and acting.

CRAFT NIGHT - VOWS hosts a craft night each month - see calendar for date. Admission is an item to share for the potluck meal; please bring your own drink. (No alcohol) For more info: lisa.roquemore@fsresidential.com with the subject "CRAFT NIGHT".

NEIGHBORHOOD PRAYER FELLOWSHIP GROUP - This group meets rain or shine every Saturday 6:30am-7:30am at Bray Birch & Lamington Dr. VOWSPrayerGroup@verizon.net

THE COWTOWN STACKERS CUP STACKING CLUB - this group meets Thursdays from 5:00pm-6:00pm at the VOWS amenity center on Timberland Blvd. Stackers from ages 5-95 with skill levels from beginner to expert are invited to attend. Cost is free but please bring your own cups, timer, and stack mat. For more information, contact Jimmy and Carmen Griffith at jcgx4@sbcglobal.net.

BINGO - Bingo will meet the first Friday of every month from 7pm to 9 p.m. Ages 5 and up welcome. We are asking for a \$5 donation prize item for a kid or teen. Adults play for a chance to win sponsored or donated prizes. Contact Tammy Melendez at 817-680-7766 or TammyM0415@yahoo.com or Joni Baldwin at 817-602-1194 or Joni.Baldwin@pruworldwiderealtors.com if you have any questions.

DANCE CLASS - Ages 4-12. Class is full

ADULT INTERNATIONAL FRIENDS ENGLISH CLASSES - Meet new friends as you learn English! Classes are available at several levels, beginning with the very basics. Focus is on vocabulary, grammar, and conversation as well as on learning everyday tasks like banking, shopping, making appointments, and completing job applications. Students from varied backgrounds and language groups are welcome. The current session meets Thursdays from 10:15 a.m. - noon, and continues through 12/10/2015. Contact Dorothy O'Grady (817.337.7458) or Lawrence Duhon (817.431.2545) to register. Location: First Baptist Church of Keller, 225 Keller Parkway, Keller, TX 76248, Room 248. Fee: \$5 total for class book and workbook.



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May God Bless

Holiday Party Season is Coming!

Show up to any gathering with these crowd-pleasing recipes!

Pumpkin Dip

- 1 (8 ounce) package cream cheese, softened
- 2 cups confectioners' sugar
- 1 (15 ounce) can solid pack pumpkin
- 1 tablespoon ground cinnamon
- 1 tablespoon pumpkin pie spice
- 1 teaspoon frozen orange juice concentrate

In a medium bowl, blend cream cheese and confectioners' sugar until smooth. Gradually mix in the pumpkin. Stir in the cinnamon, pumpkin pie spice, and orange juice until smooth and well blended. Chill until serving. Serve with ginger snaps or graham crackers.



Spinach-Cheese Swirls

- 1 sheet Puff Pastry
- 1 egg
- 1 tablespoon water
- 1/2 cup shredded Muenster cheese or Monterey Jack cheese
- 1/4 cup grated Parmesan cheese
- 1 green onion, chopped
- 1/8 teaspoon garlic powder
- 1 (10 ounce) package frozen chopped spinach, thawed and well drained



Thaw pastry sheet at room temperature 40 minutes. Preheat oven to 400 degrees F. Mix egg and water. Set aside. Mix Muenster cheese, Parmesan cheese, onion and garlic powder. Unfold pastry on lightly floured surface. Brush with egg mixture. Top with cheese mixture and spinach. Starting at short side, roll up like a jelly roll. Cut into 20 (1/2 inch) slices. Place on baking sheet. Brush with egg mixture. Bake 15 minutes or until golden. Serve warm or at room temperature. Makes 20 appetizers.

Crab Stuffed Mushrooms

- 1 pound fresh mushrooms
- 7 ounces crabmeat
- 5 green onions, thinly sliced
- 1/4 teaspoon dried thyme
- 1/4 teaspoon dried oregano
- 1/4 teaspoon ground savory
- ground black pepper to taste
- 1/4 cup grated Parmesan cheese
- 1/3 cup mayonnaise
- 3 tablespoons grated Parmesan cheese
- 1/4 teaspoon paprika



Preheat the oven to 350 degrees F (175 degrees C).

In a medium bowl, combine crabmeat, green onions, herbs, and pepper. Mix in mayonnaise and 1/4 cup Parmesan cheese until well combined. Refrigerate filling until ready for use.

Wipe the mushrooms clean with a damp towel. Remove stems. Spoon out the gills and the base of the stem, making deep cups. Discard gills and stems. Fill the mushroom caps with rounded teaspoonfuls of filling, and place them in an ungreased shallow baking dish. Sprinkle tops with Parmesan and paprika.

Bake for 15 minutes. Remove from oven, and serve immediately

Cranberry Punch

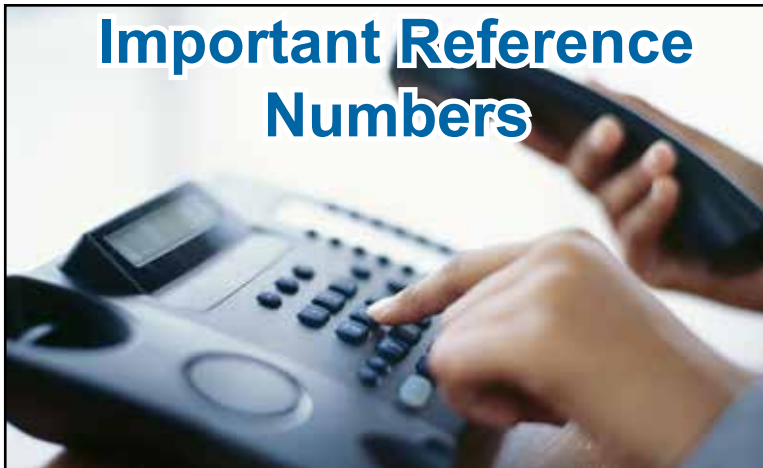
- 1/3 cup white sugar
- 1 quart cranberry juice
- 2 cups unsweetened pineapple juice
- 3 tablespoons almond extract
- 1 (2 liter) bottle ginger ale



In a large container, mix together sugar, cranberry juice, pineapple juice and almond extract. Refrigerate for 1 day. To serve, pour juice mixture into a punch bowl. Stir in ginger ale.

This could always be turned into an adult beverage by adding some Citron Vodka.

Important Reference Numbers



Important Reference Numbers

Animal Control.....	817-392-1234
Code Enforcement.....	817-392-1234
Fire (non-emergency).....	817-922-3000
Graffiti.....	817-212-2700
Police (non-emergency).....	817-335-4222
Trash/ Recycle.....	817-392-1234
Water.....	817-871-8210
VOWS (onsite office).....	817-741-1719
VOWS (after hours).....	877-378-2388

Did you know that VOWS has a Facebook page???

The number of users on our neighborhood Facebook page is growing! We find this to be a great tool to get the word out about everything from lost pets to community events and everything in between.



Visit
facebook.com/woodland.springs
today!

It's important to note that the Facebook page is not monitored or endorsed by the Homeowner Association or FirstService Residential. It was created by residents as a tool to help inform neighbors of things such as missing pets, items for sale and barter, small groups and events, and so much more.



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Woodland Springs Homeowner's Association

The purpose of a homeowners association (HOA) is to maintain, enhance and protect the common areas and interests of the subdivision or neighborhood. Individual homeowners, as members of the association, pay periodic assessments support & utilize neighborhood amenities (pond, pools, parks, tennis courts, etc.). The assessments pay for community expenses such as entrance monuments, landscaping, amenities like clubhouses, tennis courts, or walking trails, insurance for commonly-owned structures and areas, an on-site management company, or any other item delineated in the governing documents or agreed to by the homeowners' association.

Currently, the Advisory Committee, which is comprised of elected residents, is the intermediate group between the residents and the Board of Directors and Centurion American (VOWS developer). This will continue until full development of VOWS is completed. The sub-committees report to the Advisory Committee. All residents are invited to attend Advisory Committee meetings which are normally held the 4th Tuesday of each month at 6:30 pm at the Amenity Center on Timberland.

DECEMBER 2015 Advisory Committee Meeting Tuesday, December 8th, 6:30pm at the Amenity Center

ADVISORY COMMITTEE MEMBERS

David McNeil	dmcneil31@hotmail.com
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SUB-COMMITTEE CHAIRS

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Newsletter	lisa.roquemoire@fsresidential.com.
Landscape/Grounds - Jim Houston.....	vowslandscapeandgrounds@gmail.com
Pools	lisa.roquemoire@fsresidential.com.
Safety/Security - Open	lisa.roquemoire@fsresidential.com.
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CALENDAR OF EVENTS – NOVEMBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Dance 11:00am Girl Scouts 5:00pm	2 P90X 5:30am Fit Club 9:00am	3 P90X 5:30am Homeschool 9:30am Dance 3:30pm	4 P90X 5:30am Resident Coffee/ Donuts (AC) 9:30am Two Step 6:30pm Teen Improv 8:00pm	5 P90X 5:30am Cowtown Stackers 5:00pm Vows Book Club 8:00pm	6 P90X 5:30am PiYo 9:00am Bingo 7:00pm	7
8	9 P90X 5:30am Fit Club 9:00am	10 P90X 5:30am Homeschool 9:30am Dance 3:30pm	11 P90X 5:30am Two Step 6:30pm Teen Improv 8:00pm	12 P90X 5:30am Cowtown Stackers 5:00pm	13 P90X 5:30am PiYo 9:00am	14
15 Girl Scouts 5:00pm	16 P90X 5:30am Fit Club 9:00am	17 P90X 5:30am Homeschool 9:30am Dance 3:30pm Code Blue 6:30pm	18 P90X 5:30am Two-Step 6:30pm Teen Improv 8:00pm	19 P90X 5:30am Cowtown Stackers 5:00pm	20 P90X 5:30am PiYo 9:00am Scrapbooking 7:00pm	21
22	23 P90X 5:30am Fit Club 9:00am	24 P90X 5:30am Homeschool 9:30am Dance 3:30pm	25 P90X 5:30am Two-Step 6:30pm Teen Improv 8:00pm	26 P90X 5:30am Cowtown Stackers 5:00pm	27 P90X 5:30am PiYo 9:00am	28
29 P90X 5:30am Fit Club 9:00am	30					



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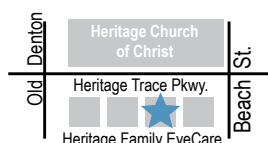
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