

# The Woodland



# WORD

*August 2012*



**Advisory Committee Meeting**  
Page 3



**Covenant Corner**  
Page 5



**Scrapbook Night**  
Page 7



**Animals Distressed By Heat**  
Page 9



# North Central Ballet

817.428.8232  
northcentralballet.com



*Grace  
Elegance  
Poise*

Now enrolling for fall!  
Classes begin August 20  
Ages 2-Adult  
Beginner - Professional at  
BOTH locations

12077 Katy Rd, Suite 713, Keller  
and  
2819 R.D. Hurt Pkwy, Bedford



## Wish List

### Animal Care:

Bleach, laundry soap, dish soap  
Paper towels, cleaning supplies and disinfecting  
wipes Purina brand kitten and cat food and puppy  
& dog food  
Powdered milk replacer (kitten & puppy)  
Clay cat litter, dog clippers & grooming supplies,  
towels, bed linens, blankets and rugs  
Washable cat & dog toys, balls  
Latex gloves, Stainless steel bowls, New, or gently  
used, top loading electric washers & dryers  
**Spay/Neuter Surgery Dept:**  
Heating Pads  
Latex sterile surgical gloves - size 6.5

### Office Supplies:

Multi-purpose white copy paper (8.5" x 11")  
Laser printers (XP compatible) Computers, Pen-  
tium 4 (XP compatible) Flat screen monitors with  
power cords

### Equine Program:

Thrive horse feed, Equine Senior rolled oats, al-  
falfa cubes, and Coastal square bales, Halters &  
lead ropes, Grooming & hoof care supplies, Fenc-  
ing supplies, Corral/cattle panels

*Thank you!!*



**Full Service Shelter**  
**1840 East Lancaster**  
**Fort Worth, Texas, 76103**  
**817-332-HSNT (4768)**

**NOW OPEN IN KELLER!**  
**daily from 10-6**  
**363 Keller Parkway**  
**817-431-1170**

**www.hsnt.org**  
**hsnt@sbcglobal.net**

## The Villages of Woodland Springs

Homeowners' Association



**The Villages of Woodland Springs**  
**Homeowners Association**  
**Professionally Managed by:**  
**Premier Communities Management Company**

The On-Site office is located at the  
Amenity Center at 12209 Timberland.

On-Site Management Team:

**Justin LaHue**  
**General Manager**

Justin.LaHue@premiercommunities.net

**Stacy McGrath**  
**Assistant Manager**

Stacy.McGrath@premiercommunities.net

**On-Site Hours:** Monday- Friday 9am-6pm  
Saturdays 10am-4pm

**On-Site Number:** 817-741-1719

**Customer Service:** 877-378-2388

**On-Site Fax:** 817-741-1720

**After Hours Emergency:** 214-871-9700

**www.woodlandspringshoa.com**

## The Woodland Word

Is the only authorized and official monthly publication  
for the residents of the Woodland Springs Community with news  
and calendar of community events endorsed by the  
Woodland Springs HOA & its members.

### PUBLISHED BY

Community News Connection, Inc.  
206 W. McDermott Drive, Suite 120 • Allen, Texas 75013  
**972-396-8855 • www.communitynewsconnection.com**

### ADVERTISEMENT SALES

For information or to place an advertisement  
972-396-8855 • info@communitynewsconnection.com

**Advertising Deadline**  
**for the September, 2012 Issue**  
**(Delivered before September 1st)**  
**Is August 1, 2012**

*Woodland Springs and Community News Connection (CNC) do not in any way endorse or support, nor does it take any credit or responsibility for any of the services, paid or volunteer, listed herein. CNC is not paid for by the homeowner's dues and is not funded by the HOA in any way. CNC reserves right to refuse any advertiser or article submission that we feel is not right for this "community philosophy" or not a good fit for this publication.*

## VOWS Advisory Committee Meeting

Tuesday, August 28, 6:30 PM at the Amenity Center

Become more informed about your community  
and participate in decisions concerning us all.

All VOWS residents are welcome!



## LOCK IT OR LOSE IT!



Officer Barry Sawyer's beat stretches from Keller Hicks Rd. to Hwy 170 and from Hwy 377 to I-35. In a recent one month period, Officer Sawyer, our Neighborhood Patrol officer, reported that the following items were stolen from this beat area -- from unlocked vehicles and garages with open doors. These are preventable crimes! Don't be a victim! Remove belongings from your car or truck, LOCK your vehicles and secure your home.

- Wallet
- Ruger .380 Pistol
- 3 Nail Guns
- 2 iPhone Chargers
- Tool Sets
- Jewelry
- 2 Car Stereos
- TX Driver License
- Military ID
- \$30.00
- 2 Home Depot Gift Cards
- Lowe's Gift Card
- iPad
- Portable CD Player
- Liquor
- iPhone 3G
- Golf Clubs
- Bike
- Laptop
- Radar Detector
- Swiss Army Backpack
- 2 Navigation Systems
- iMac Computer
- iPhone Ear Buds
- \$450.00
- iPod Nano
- Purse
- Nike Air Jordan tennis shoes
- Car Keys & a DODGE CHALLENGER

## SKW Lawn & Landscape

Mowing • Trimming • Landscaping  
(mulch, flowers, shrubs, tree trimming, and planting)  
Resident of The Villages of Woodland Springs

817-403-8683

skw.lawns@hotmail.com

Honesty, Integrity, Loyalty  
Plant The Seed

## Woodland Springs VETERINARY HOSPITAL

Full Service Small Animal Veterinary Hospital

## Now Offering Wellness Plans\*

Everything "Wellness" your pet needs annually  
for a LOW MONTHLY PAYMENT\* as low as \$39 per month

- Examinations - Semiannual Physicals
- All Necessary Vaccinations
- Semiannual Bloodwork, Urinalysis
- Dental Cleaning and Dental Xrays
- Heart Health Checks
- Glaucoma Screening
- Preventative Care
- Puppy/Kitten Vaccines & Spray/Neuter

AND ✓ 50% OFF Office Visits

✓ 10% OFF Prescriptions

✓ 10% OFF Most Other Services

✓ 10% OFF Heartworm Preventative & Flea Control



Striving to Promote Healthy Pets  
Through Highly-Educated Owners



www.WSVH.net 11715 Alta Vista Rd., Fort Worth 817-431-3735

## JJ The Perfect Cuts Hair Salon

817.741.CUTS (2887)

Cuts • Perm • Color • Highlight



11477 Woodland Spring Dr., Ste 145

Fort Worth, Texas 76244

jjperfectcuts@yahoo.com

Mon-Sat 10am-8pm • Sun 12-6pm Walk-ins Welcome

**\$3.00 OFF**  
any hair cut

with this coupon. Exp. 10/31/12

**15% OFF**  
any service

with this coupon. Exp. 10/31/12



## Yard of The Month



Congratulations to the VOWS homeowners at 5725 English Oak for having a very beautiful yard! They are the August 2012 winners of a \$40 gift card courtesy of Alta Vista Nursery, located at 4700 Golden Triangle Blvd., a yard sign displayed declaring them "Yard of the Month", and of course most importantly, bragging rights. Thank you to all who make VOWS a beautiful place to live. If you would like to make a Yard of the Month nomination for a lovely yard, please email [vows.communications@gmail.com](mailto:vows.communications@gmail.com).

## Babysitters in VOWS

The young people listed below have offered their services as babysitters in our community; the contacts are provided here for information only. Please interview any candidates and make your own decision as to the candidate's capabilities & qualifications to stay alone with your child.

**Young people who are VOWS residents and below the age of 21 may submit their contact information to [stacy.mcgrath@premiercommunities.net](mailto:stacy.mcgrath@premiercommunities.net)**

Sarah Dikes.....	817-741-6882	Ashley Marmon.....	214-883-0821
Daniela Garcia.....	918-874-0217	Courtney Richard.....	817-741-6711
Shelby Sojka.....	817-741-4054	Julian Taylor.....	817-683-1550
Joshua Buchholz.....	817-431-4723	Kara Duffey.....	469-995-4800
Taylor Coffelt.....	214-552-9351	Lexi Cantu.....	817-562-5291
Brittany Taylor.....	817-741-1200	Jasmin Wells.....	817-480-6480
Miranda Linton.....	682-553-9593	Joanna McGehee.....(CPR cert)	817-318-9287
Hanna Murray.....	817-948-6000	Camille McGehee.....(CPR cert)	682-220-8514
Renee Garrett.....	817-201-1757	Avery Lindley.....	817-741-1599
Veronica Melton.....	303-525-6183		
Kaitlin Culwell.....	817-228-3581		
Cheyenne Saunders.....	972-201-5014		
Taylor Ward.....	858-699-1966		
Lauren Sparger.....	817-975-6222		
Melissa Kersten.....	714-348-9161		
Eli and Emily Demel.....	817-741-4402		
Bailey Adams.....	985-276-8094		
Whitney Kaminski.....	817-741-4046		
Ross Taylor.....	817-975-4535		
Addison Cassidy (CPR cert).....	817-805-6005		



### The Anderson Team

Laurie Anderson  
817.966.7653

[AndersonTm@aol.com](mailto:AndersonTm@aol.com)  
Woodland Springs Resident!

We SELL More Homes in the Metroplex than any other company!  
Your Perfect Partner...for SELLING or BUYING!

JoAnn Anderson  
817.741.2701

[joannanderson2701@yahoo.com](mailto:joannanderson2701@yahoo.com)

Family Owned and Operated  
for 30 Years!

#1 Top Producing Team for Coldwell Banker since 1990  
[www.AndersonTeamRealEstate.com](http://www.AndersonTeamRealEstate.com)

### Register Now for Dance & Music Lessons



- Ballet
- Tap Jazz
- Hip Hop
- Tumbling
- Group & Private Music Lessons

Dance & Music Lessons  
close to home



Coming Soon to  
Woodland Springs!

BOYS DANCE FREE!  
(See office for details)

**817.605.7352**

**11751 Alta Vista  
Keller, TX 76244**

**5421 Basswood  
Ft Worth, TX 76137**



Premiere  
Christian Arts  
Education

[www.StudioOneDanceCenter.com](http://www.StudioOneDanceCenter.com)

# Covenant Corner

Numerous signs have been posted in the common areas of VOWS recently. This is a clear violation of the covenants below, covenants all homeowners agreed to and signed.

## 5.3.21 Garage Sales.

Pursuant to Fort Worth City Code two (2) garage sales are allowed per household per calendar year. One sign will be permitted on homeowner lot during the garage sale event and shall be removed immediately thereafter. **No garage sale advertising signs are allowed in The Village of Woodland Springs with the exception of the Association sponsored garage sale events.** A permit must be obtained from the City of Fort Worth prior to each garage sale.

## 5.2.6 Signs.



Signs may be displayed on Lot with the following guidelines: one (1) professional security service sign of not more than one square foot, and one (1) of the following types of signs which shall not exceed six square feet:

- A sign advertising the property for rent or sale

- A political sign during election periods only as permitted by the City and complying with Texas

law on political signs

- A sign used by a Builder to advertise the Property during the construction and sales period, each of which shall, in any event comply with all statutes, laws or ordinances governing same

- A contractor only during construction, renovation or repair (such signage shall be limited to a maximum of a thirty (30) day

period during the sale and construction period) If the contractor needs more than thirty (30) days request should be made to the ACC through the management company.

- A personal sign which signifies an affiliation with schools, military/patriotic or religion, (which may not be reasonably considered a public nuisance and/or a disturbance of the peace). In no event shall there be more than one (1) sign plus one (1) security service sign at any given time. The Board of Directors or its agents shall have the right to remove any sign, billboard or other advertising structure that does not comply with the above, and in so doing shall not be subject to any liability for trespass or otherwise in connection with such removal.

## Alta Vista Self Storage

Parking starting  
as low as

**\$39.00 a month**  
**817-431-3550**



**Alta Vista Self Storage**  
altavistaselfstorage@verizon.net  
10385 Alta Vista Rd • Ft. Worth TX 76244

## Michelle Lindquist is now located at the Venetian Salons at 631 S. Main Street in Keller

I have twenty years experience in the hairstyling industry, and I would love to build my business here.

*Sunday appointments are available.*

- Bring this ad for 20% off first visit to all Villages of Woodland Springs residents.
- Refer 3 of your friends, & your next haircut is free!



**Schedule Today 817.993.9280**



## Captain Ron's Lawns & Landscaping, Inc.

Quality service you can rely on, since 1998.

We Want Your 2012 Mowing Business.

Crews are available to help with your landscaping projects.

May God Bless  
www.captainronslawn.com  
817-485-7890



## Saratoga Pharmacy

- A Compounding Pharmacy
- Weight Loss Products, HCG available
- Pain Management Medications (in stock)
- Accept all Insurance Plans including Medicaid Prescriptions
- Now Offering FREE delivery (when requested)

**817-431-9700**

12650 N. Beach St. Fort Worth, TX



**\$5 OFF**

New or Transferred  
Prescriptions Only (Not  
Valid with  
other offers)  
Expires 8/15/12

Store Hours M-F: 8:30 – 6:30 Sat: 9 – 1



# Vandalism in VOWS



Recently the number of cases of vandalism by young people has risen in our area. Parents should know where their children are, both before and after curfew each night. Fines of up to \$200.00 may be given by police each time curfew is broken. If any person is caught committing a property violation in the common areas of VOWS, charges will be filed. Vandalism affects us all, whether through increased HOA dues, broken property, or damage.

# Meals on Wheels Volunteers Needed



Volunteers are needed to deliver meals to seniors Monday-Friday at lunchtime. If you have one day a month to help out with deliveries to our area older citizens, please call Maureen Bittick @ 817-337-1802. Maureen is a resident of VOWS and coordinator of one of the routes in our area, served by Metroport Meals on Wheels. This non-profit organization based in Roanoke is always in need of support.

# Shortage!

of homes on the market in your area!

**Yes, we said shortage.** There is currently a shortage of pre-owned homes on the market in your neighborhood. Don't listen to the TV. Homes are selling in a few days in many cases.

## Want your home SOLD fast?

The J & J Realty Team will make your hopes a reality. We are experts in the Villages of Woodland Springs, and would be happy to use our expertise in this market to help you sell your home as quickly as possible. Studies have proven that a professionally-staged and photographed home sells up to 50% faster for up to 18% more money! The J & J Realty Team recognizes the importance of staging and photography, and we offer our clients these two services for FREE!



### Contact:

**Joni Baldwin**  
817-602-1194

Joni.Baldwin@PruWorldwideRealtors.com  
www.JoniBaldwin.com

**Jim Carter**  
817-800-4780

JimCarterEmail@gmail.com  
www.JimCarterRealEstate.com





## N.T.M. Services, Inc.

### NORTH TEXAS MECHANICAL

Lic# TACLA005328C  
**Keller**  
**Residential & Commercial**

- **Air Conditioning**
- Heating
- Insulation
- Duct Cleaning
- Radiant Barrier
- Service Agreements



**Call to Schedule Service Today!**  
**817-482-1647**

**\$10.00 OFF**

Seasonal Tune-Up  
**NTM Services, Inc.**  
On First System.  
Expires 11/1/12

**\$150.00 OFF**

Radiant Barrier  
**NTM Services, Inc.**  
Min. 1800 sq ft. w/Coupon.  
Call for Details.  
Expires 12/31/12



**www.ntmserv.com**



# Have You Seen This Spot?



This is a picture of something in or around The Villages of Woodland Springs community. If you know where it is and would like to submit a guess, please send an email to [events.vows@gmail.com](mailto:events.vows@gmail.com); deadline for submissions is August 15th, 2012. Everyone who guesses correctly will be entered in a random drawing for a \$25.00 Visa gift card. Good luck!

## Villages of Woodland Springs Scrapbook Nights!



Free evening of scrapbooking on August 17, 6:30 – 11:00 PM at the Amenity Center. Bring a potluck dish to share, something to drink, your project & supplies and a sense of fun.

Spark your creativity and join others who love this hobby too! Tables & chairs provided. Email [events.vows@gmail.com](mailto:events.vows@gmail.com) with **SCRAPBOOK** in the subject for more info.



## Designed with you in mind.



With Texas Health Harris Methodist Hospital Alliance, we're making health care more personal for you and your loved ones. Our newest facility combines advanced technology and high-quality health care with a personalized approach – all close to home. We'll offer programs that focus on improving the well-being of the people in the communities we serve, allowing us to become your true community health partner. And our approach of shared leadership between the physicians and the hospital is designed to better coordinate care and enhance each patient's experience. It's great to be here. And here for you. **To learn more, visit our website or [facebook.com/TexasHealthAlliance](https://www.facebook.com/TexasHealthAlliance).**

Opening Fall 2012.

1-877-THR-WELL

[TexasHealth.org/Alliance](http://TexasHealth.org/Alliance)



**Texas Health**  
Harris Methodist Hospital®  
ALLIANCE

Healing Hands. Caring Hearts.™

# COMMUNITY ACTIVITIES

If you'd like to inform residents of a club, group, hobby, or interest, let us know - email [vowscommunications@gmail.com](mailto:vowscommunications@gmail.com) with the subject CLUBS. Only residents who are current with VOWS HOA assessments may participate. All meetings below are at the Amenity Center unless otherwise noted.

**MARTIAL ARTS** - Free Self Defense training to VOWS residents ages 4 and up regardless of athletic ability or level of experience. Contact [info@fmadojo.com](mailto:info@fmadojo.com) for details & see events calendar for dates.

**DEK HOCKEY** - Organized Street hockey is called Dek Hockey, a running game similar to ice hockey BUT body checks are NOT allowed. Weekly games on Tuesday evenings at 6:30; 2 groups, one for children under 18 and one for 18 and over; Old Denton/Timberland Outdoor Rink. Email Coach Yockey at [info@DallasSnipers.com](mailto:info@DallasSnipers.com). See events calendar for dates.

**LUNCH BUNCH** - Empty nester with extra time on your hands, like to try to get to know some of your VOWS neighbors, and do a monthly lunch out with others? This group meets the third Wednesday of each month, and will be dining at the Silver Spoon in Southlake on August 15. Contact to Pauline at [pk0@email.com](mailto:pk0@email.com) for details.

**BOOT CAMP** - Workouts Mon. - Fri. 5:30 AM; all fitness levels are invited. Must be 18 or older; register online at <http://tinyurl.com/VOWSBootCamp>

**DANCE CLASS** (4-12 years old) Tuesdays at 4:00pm For info: [vowsdance@yahoo.com](mailto:vowsdance@yahoo.com)

**FIT CLUB** - Monday at 6:30 PM. Workout to Turbo Fire, Insanity, P90X, and other Beachbody DVDs. Register at <http://tinyurl.com/VOWS-Fit-Club>. For more info: [brendamunden@gmail.com](mailto:brendamunden@gmail.com)

**HOMESCHOOL GROUP** - VOWS residents who home-

school children are invited to join the homeschool group, created to support each other. Please contact Catherine Honaker by email ([cat@vowshomeschool.com](mailto:cat@vowshomeschool.com)) with HOMESCHOOL in the subject line.

**SCRAPBOOKING** - VOWS hosts a scrapbooking night each month - see calendar for date. Admission is an item to share for the potluck meal; please bring your own drink. For more info: events. [vows@gmail.com](mailto:vows@gmail.com) with the subject "SCRAPBOOK".

**SOCCER** - Weekly soccer meet-up at the Bray Birch Park soccer fields. Kids ages 3-11: Tuesday 5:30 PM. Co-ed youth/adult soccer: Tuesday 7:00 PM & Saturday 9:00 AM. For more info: events. [vows@gmail.com](mailto:vows@gmail.com) with the subject "SOCCER".

**PLAYGROUP** - Bray Birch park after school 3pm. Everyone is welcome!

**TODDLER PLAYGROUP** - Playgroup for preschool age children. Email [eileenfsee@gmail.com](mailto:eileenfsee@gmail.com) with the subject "PLAYGROUP". Please include the age of your child in the email.

**WALKERS/RUNNERS/BIKERS/TRI-ATHLETES** - Saturdays 6:30 AM; meet at Bray Birch Park to go for a walk, run, or bike ride. Walkers/Runners are diverse in experience.

**YOGA** - Wednesday 7:00 PM; contact [Sara@sullivanfitness.com](mailto:Sara@sullivanfitness.com) for info

**ZUMBA** - Monday 12:00 PM & Wednesdays 6:00 PM. Fun, easy-to-follow, calorie burning, Latin-inspired dance fitness party. Email Christie McDewitt at [cmcdewitt731@att.net](mailto:cmcdewitt731@att.net) for info.

**SOULTAINMENT** - Wednesday 8 PM; contact Paul Brough [paul\\_brough@hotmail.com](mailto:paul_brough@hotmail.com)



## Flag Football, Soccer, T-Ball & Cheer

Boys and Girls Ages 3-14

Call: 817 - 400 - PLAY (7529) or  
Go Online: [www.i9sports.com](http://www.i9sports.com)

- **Leagues** that are **Fun** for Kids and **Convenient** for Parents
- Practice and games held on the same day, **once a week**.
- No traveling, tryouts, or drafts.
- Focus on **Good Sportsmanship**, Fundamentals and Safe Play.
- Great for **all levels** of players

**Don't Miss Out - Register Today!!**



## Save The Date-13th Annual Run In The Dark September 22nd at the Alliance Town Center

### Register Online Today

This event features a 5K and 1-Mile Fun Run. Join us for an evening of fun for all ages! Featuring the Hi-Roller Band for entertainment.

Hope to see you there!



(817) 431-3340

[www.communitystorehouse.org](http://www.communitystorehouse.org)

Dedicated to the education and well-being of children in our community.

Community Storehouse is a local 501(c)(3) nonprofit serving children whose families are experiencing a crisis, such as income loss, a sudden serious or terminal illness, or the unexpected death of a parent. The programs we provide help these children stay in school until their families are past the crisis stage. In 2011, we helped 4,006 children.

## Alta Vista Business Park

1000 Sq Ft Office/ Warehouse Space Available

**\$599.00 a month**

**817-431-3550**

**[altavistaselfstorage@verizon.net](mailto:altavistaselfstorage@verizon.net)**

[www.desiresalonandspakeller.com](http://www.desiresalonandspakeller.com)  
817.741.4247

# DESIRE

salon spa



**Family Hair Care**  
Cuts, Styles, Color, Highlights

**Skin Care, Body Wraps, Massages & other spa services**

**Packages & Gift Certificates Available** 10% discount for all Airport & Military Personnel

**Enjoy 20% off**

All services & retail products  
New Customers Only  
(Limit one per customer)  
Expires August 31, 2012

NE Corner of Heritage Trace and Old Denton Road

# Watch for Animals Distressed by Heat



Summer temperatures have risen into triple digits, and Fort Worth's Code Compliance/Animal Care and Control Division is asking residents to be on the lookout for animals that may be in distress due to extreme heat.

Last summer Animal Care and Control received an overwhelming number of calls about animals in distressed situations, so this year they are asking residents to be aware of the issue and be proactive as the heat worsens. When temperatures begin rising to potentially dangerous levels, Animal Care and Control implements extreme heat measures to minimize unnecessary suffering by animals. Officers are on high alert to look for animals in vehicles or other enclosed areas that pose potential danger. Additionally, Animal Control officers return to the shelter multiple times a day to offload animals into the cooler facility.

Take note of these important hot weather tips to keep pets healthy:

- Never leave an animal alone in a vehicle, even if windows are partially opened, as it can quickly become a furnace.
- Dogs and cats need cool, shady places during the hot weather with plenty of clean, fresh water accessible at all times.
- Feed animals in the cooler hours of the day.
- Heatstroke is life-threatening for dogs and cats. Signs to watch for are heavy or loud breathing, a staggering walk or a bright red tongue.
- Protect your dog's paws from getting burned on hot pavement; walk your dog on grass or other cooler surfaces. Dogs' paws can burn easily.

**To report animals that may be in distressed situations, call, 817-392-PAWS (7297).**

**Get Your Business Noticed Advertise Here**

Call 972-396-8855 or  
info@communitynewsconnection.com  
for ad rates and sizes.

**Alliance Tennis Club**  
**Ernest Barriga**  
Tennis Instructor  
817-727-7530  
AllianceTennis@verizon.net  
www.AllianceTennisClub.com



- Group & Private Lessons available year round
- Basics & fundamentals for recreation & beginners
- Strategy, tactics, & stroke mechanics for advanced players
- Learn through repetition, positive reinforcement, & point play
- Start enjoying the sport the whole family can play for a lifetime!

**Community News Connection appreciates our advertisers and encourages you to use their services and products.**

**Tell them you saw their ad in  
*The Woodland Word***



**Large enough to serve you, small enough to care!**



**\$25 OFF**

Any plumbing service of \$100.00 or more  
**Leak Geeks**  
817-431-8929  
With this coupon  
Not valid with any other offer  
One per household  
Expires 8-15-12

**\$100 OFF**

Any Job of \$500 or more  
**Leak Geeks**  
817-431-8929  
With this coupon  
Not valid with any other offer  
One per household  
Expires 8-15-12

**817-431-8929**  
**www.leakgeeks.com**

# Recipe of the Month

## Chili-Lime Shrimp Cups

These mini cups are perfect to serve at a party and are great warm or cold. You can make the wonton shells a day in advance; just keep at room temperature in an airtight container.

### Ingredients

- 24 wonton wrappers
- 2 tablespoons olive oil
- 24 medium shrimp, peeled and deveined
- 1/2 teaspoon salt
- 1 teaspoon chile powder
- 2 limes
- 1/2 cup arugula
- 3 tablespoons sour cream

Preheat oven to 350 degrees F.

Prepare wonton shells. Lightly brush wontons with 1 tablespoon of olive oil. Arrange in 24 mini muffin/cupcake cups. Bake 5-7 minutes until golden brown and crisp.

Toss shrimp with 1 tablespoon of olive oil, salt, 2 teaspoons of lime zest and chile powder. Bake 5-8 minutes until shrimp are opaque throughout. To assemble, fill each wonton cup with a few leaves of arugula, a small dollop of sour cream, one shrimp then top with a spritz of lime juice.



Lic #B17561

## Abbot Alarm Company

**Question: Does Your Monitoring  
Rate Continually Rise?**

**The Abbot Promise: WE WILL  
NEVER RAISE YOUR RATE!**

- Over 25 Years Experience
- Local U.L. Listed Central Station
- Residential — Commercial

Existing systems monitored for

**\$15.95 per month**

Two year agreement required, WAC. Sign up today  
and we'll replace your battery at no additional charge.  
Limit one coupon per customer. Exp. 8-30-12

[www.abbotalarm.com](http://www.abbotalarm.com)

 AbbotAlarmDFW

**817-589-2300**

3905 Booth Calloway Rd, Richland Hills, TX 76118



## Reach Your Neighbors! Advertise in this Newspaper



Contact Community News  
Connection  
for more information:

**972-396-8855**

[info@communitynewsconnection.com](mailto:info@communitynewsconnection.com)

## Woodland Springs Homeowner's Association

The purpose of a homeowners association (HOA) is to maintain, enhance and protect the common areas and interests of the subdivision or neighborhood. Individual homeowners, as members of the association, pay periodic assessments support & utilize neighborhood amenities (pond, pools, parks, tennis courts, etc.). The assessments pay for community expenses such as entrance monuments, landscaping, amenities like clubhouses, tennis courts, or walking trails, insurance for commonly-owned structures and areas, an on-site management company, or any other item delineated in the governing documents or agreed to by the homeowners' association.

Currently, the Advisory Committee, which is comprised of elected residents, is the intermediate group between the residents and the Board of Directors and Centurian American (VOWS developer). This will continue until full development of VOWS is completed. The sub-committees report to the Advisory Committee. All residents are invited to attend Advisory Committee meetings which are normally held the 4th Tuesday of each month at 6:30 pm at the Amenity Center on Timberland. **The August 2012 meeting of the Advisory Committee will be on August 28.**

### ADVISORY COMMITTEE MEMBERS

**Chairman:** David Davidson.....jhbothwell@aol.com  
**Vice-Chair:** Richard Walter.....richardwalter@gmail.com  
**Secretary:** Andy Wang .....ajw101@gmail.com  
 Shirley Gansser .....espartners@verizon.net  
 Gary Honaker .....gooch@honaker4.com  
 Peggy Wegner.....peggy\_lundquist@yahoo.com  
 Frank Friar .....friar@lscm.net  
 Gerald Gifft.....gdgrift@gmail.com  
 Phoebe Saenz.....vows.safesecure@gmail.com  
 Brad Iverson .....awanaswrmd@msn.com  
 David McNeil .....dmcneil31@hotmail.com  
 Cindy Dronette .....cdronette@hotmail.com  
 Lois Weeks.....vows.communications@gmail.com

### SUB-COMMITTEE CHAIRS

**Budget & Finance** - Shirley Gansser espartners@verizon.net  
**Newsletter** - Lois Weeks vows.communications@gmail.com  
**Landscape/Grounds**-Jim Houston vows.landscape@gmail.com  
**Pools** - Colleen Demel pools.at.vows@gmail.com  
**Safety/Security** - Phoebe Seanz vows.safesecure@gmail.com  
**Events** - Open events.vows@gmail.com



**One Call**  
*Property Solutions*

Call today for your estimate:  
**817-822-1190**

2100 Greenwood Dr.,  
 Suite 200  
 Southlake, TX 76092

**www.1calldfw.com**

**Other Services Available:**  
 HVAC, Plumbing, Electrical  
*\*Performed by Licensed Subcontractors*



### Having Difficulties Selling Your House? Can't Make Your Home Look Like The Model?



*Consider the services of a professional home stager!*

**VERA LAWSON, ASP®**  
 817-937-1629  
 stagingwithvera@gmail.com

*I Will Help You Bring out the Best Your Home Has to Offer for Living or Selling it !!! Reasonable prices, no nonsense approach...*

### Eye-Catching Graphic Design

**1,000 full-color glossy business cards for \$75\***

**Focus Designs**  
 214-680-9021  
 mrybiski@tx.rr.com

\*1 revision allowed. All content must be provided. Photos and/or art can be provided for a fee of \$5-\$10.



### ARMOR SELF STORAGE

**YOUR Neighborhood Storage Facility**  
 Located right outside Woodlands Springs (Where the Tank is on Katy Road)

**With every new rental you will receive:**

- A FREE truck rental
- A FREE lock
- Friendly on site management
- Clean facility with wide driveways
- Fully gated with your own access code
- Competitive rates

Visit us at 808 Katy Road in Keller  
**817.431.3100 • www.armorselfstorage.net**

# CALENDAR OF EVENTS - AUGUST 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Boot Camp 5:30 am Zumba 6:00 pm Yoga 7:00 pm Soultaimment 8:00 pm	2 Boot Camp 5:30 am Martial Arts 6:30-8:30pm	3 Boot Camp 5:30 am	4 Martial Arts 8am-8:30am
5	6 Boot Camp 5:30 am Zumba 12:00 pm Fit Club 6:30 pm	7 Boot Camp 5:30 am Dance 4:00 pm Hockey 6:30 pm Martial Arts 6:30-8:30 pm	8 Boot Camp 5:30 am Zumba 6:00 pm Yoga 7:00 pm Soultaimment 8:00 pm	9 Boot Camp 5:30 am Martial Arts 6:30-8:30pm	10 Boot Camp 5:30 am	11 Martial Arts 8am-8:30am
12	13 Boot Camp 5:30 am Zumba 12:00 pm Fit Club 6:30 pm	14 Boot Camp 5:30 am Dance 4:00 pm Hockey 6:30 pm Martial Arts 6:30-8:30 pm	15 Boot Camp 5:30 am Zumba 6:00 pm Yoga 7:00 pm Soultaimment 8:00 pm	16 Boot Camp 5:30 am Martial Arts 6:30-8:30pm	17 Boot Camp 5:30 am Scrapbook 6:30 pm	18 Martial Arts 8am-8:30am
19	20 Boot Camp 5:30 am Zumba 12:00 pm Fit Club 6:30 pm	21 Boot Camp 5:30 am Dance 4:00 pm Hockey 6:30 pm Code Blue 6:30 pm	22 Boot Camp 5:30 am Zumba 6:00 pm BFE Committee 6:30 pm Yoga 7:00 pm Soultaimment 8:00 pm	23 Boot Camp 5:30 am Martial Arts 6:30-8:30pm	24 Boot Camp 5:30 am	25 Martial Arts 8am-8:30am
26 First day of School : Keller ISD Boot Camp 5:30 am Zumba 12:00 pm Fit Club 6:30 pm	27 First day of School: Northwest ISD Boot Camp 5:30 am Hockey 6:30 pm <b>ADVISORY COMMITTEE 6:30 PM</b>	28 Boot Camp 5:30 am Zumba 6:00 pm Yoga 7:00 pm Soultaimment 8:00 pm	29 Martial Arts 6:30-8:30pm	30 Boot Camp 5:30 am	31	

## We're all about you and your child.

Time is precious in today's fast-paced world, and the last place you want to be is in an ER. But sometimes things happen – especially with children. When your child needs medical attention, you want to know that you're taking him or her to a place of warmth and caring, and that's just what you'll find at **ER at Alliance®**. Here, you'll never have to worry about what your child might see because we've created an entirely "G-rated" experience.

**Located at the Northeast Corner of I-35 & North Tarrant Parkway**  
3101 North Tarrant Parkway • Fort Worth, Texas 76177



- + Full-service emergency room, open 24/7
- + Private rooms
- + Shorter wait times
- + On-site imaging services
- + On-site laboratory

**ER<sup>AT</sup> ALLIANCE**  
THE FASTER, CLOSER EMERGENCY ROOM

A Department of North Hills Hospital  
Alliance® is a trademark and service mark of Hillwood Development Company, LLC.

[www.ERatAlliance.com](http://www.ERatAlliance.com)