

The Woodland

The Villages of
**Woodland
Springs**
Homeowners' Association

WORD

January 2013



Holidays are Here
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Page 7



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**The Villages of Woodland Springs Homeowners
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Premier Communities Customer Service: 877-378-2388
Please use this telephone number to report all
non-emergency complaints and information.

On-Site Management Team:

Justin LaHue General Manager
Justin.LaHue@premiercommunities.net

Stacy McGrath Assistant Manager
Stacy.McGrath@premiercommunities.net

The On-Site office is located at the
Amenity Center at 12209 Timberland.
On-Site Hours: Monday- Friday 9am-6pm
Saturdays 10am-4pm
On-Site Number: 817-741-1719
On-Site Fax: 817-741-1720
After Hours Emergency: 214-871-9700

www.woodlandspringshoa.com

The Woodland Word

Is the only authorized and official monthly publication
for the residents of the Woodland Springs Community with news
and calendar of community events endorsed by the
Woodland Springs HOA & its members.

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(Delivered before February 1st)
Is January 1, 2013

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for this "community philosophy" or not a good fit for this publication.*



Friendly Reminder:

The Holiday Season is upon us, please keep items off the front porch, the garage doors shut and all car doors locked.

PANSIES AND VIOLAS LOVE WINTER IN TEXAS!



Pansies and Violas are one of the best flowers to plant for fall-to-spring season. Cold tolerant and easy to please!

They come in either solid colors or blotches in the center, the solid one show up better from a distance. Pansies with smaller flowers generally bloom more than those with larger blooms!



Cabbage garden!

Violas are closely related, but their performance is different. They generally recover from extreme cold faster than Pansies and bloom in light shade to full sun. Violas have smaller flowers that are not as impressive as pansies when viewed from a distance; however, they cover themselves with flowers all winter long.

The Sorbet' and 'Penny' series perform well in Dallas- Fort Worth.

Ornamental cabbages and kale join pansies and violas as the stars of winter gardens in Texas. Plant them in fall and enjoy all winter long.

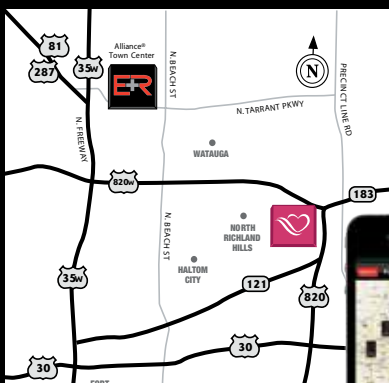


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VOWS Community Activities

If you'd like to inform residents of a club, group, hobby, or interest, let us know - email vows.communications@gmail.com with the subject **ACTIVITIES**. Only residents who are current with VOWS HOA assessments may participate. All meetings below are at the Amenity Center unless otherwise noted. Please note that scheduled activities or details may change after The Woodland Word goes to print, but up-to-date info can be found at: www.woodlandsprings-hoa.com/community-events-calendar.

VOWS SINGLES – Enjoy dinner parties, game nights and socializing with other singles from the community? Contact vbolles@verizon.net for info.

SPANISH LANGUAGE CLASSES – Mondays 8pm-9pm at the Amenity Center. Free Native Spanish speaker and tutor classes for learning & using Spanish. Contact Alejandra Rodriguez at ale_grl@hotmail.com

MARTIAL ARTS – Free Self Defense training to VOWS residents ages 4 and up regardless of athletic ability or level of experience. Contact info@fmadojo.com for details & see events calendar for dates.

LUNCH BUNCH – Contact to Pauline at pk0@email.com for the event details.

P90X – Workouts Mon. – Fri. 5:30 am-6:30 am; all fitness levels are invited. Must be 18 or older; register online at <http://tinyurl.com/VOWSBootCamp>

FIT CLUB – Monday at 6:30 PM. Workout to Turbo Fire, Insanity, P90X, and other Beachbody DVDs. Register at <http://tinyurl.com/VOWS-Fit-Club>. For more info: contact Jodie Rubley jarubley@imagination.com or Brenda Munden at beachbody-brenda@yahoo.com.

HOMESCHOOL GROUP – VOWS residents who homeschool

children are invited to join the homeschool group, created to support each other. Please contact Catherine Honaker by email (cat@vowshomeschool.com) with **HOMESCHOOL** in the subject line.

SCRAPBOOKING – VOWS hosts a scrapbooking night each month – see calendar for date. Admission is an item to share for the potluck meal; please bring your own drink. For more info: events. vows@gmail.com with the subject “SCRAPBOOK”.

SOCCER – Weekly soccer meet-up at the Bray Birch Park soccer fields. Kids ages 3-11: Tuesday 5:30 PM. Co-ed youth/adult soccer: Tuesday 7:00 PM & Saturday 9:00 AM. For more info: events. vows@gmail.com with the subject “SOCCER”.

PLAYGROUP – Bray Birch park after school 3pm. Everyone is welcome!

TODDLER PLAYGROUP – Playgroup for preschool age children. Email eileenfsee@gmail.com with the subject “PLAYGROUP”. Please include the age of your child in the email.

WALKERS/RUNNERS/BIKERS/TRI-ATHLETES – Saturdays 6:30 AM; meet at Bray Birch Park to go for a walk, run, or bike ride. Walkers/Runners are diverse in experience.

YOGA – Wednesday 7:00 PM; contact Sara Sara@sullivanfitness.com for info

ZUMBA – Wednesdays 6:00 PM & Thursdays at 12:00 noon. Fun, easy-to-follow, calorie burning, Latin-inspired dance fitness party. Email Christie McDevitt at cmcdevitt731@att.net for info.

SOULTAINMENT – Wednesday 8 PM; contact Paul Brough paul_brough@hotmail.com

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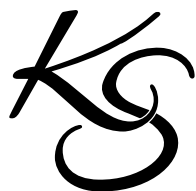
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VOWS Advisory Committee Meeting

**Tuesday, January 22nd, 6:30 PM
at the Amenity Center**

Become more informed about your community
and participate in decisions concerning us all.

All VOWS residents are welcome



Yard of The Month Will Return Next Spring



Yard of the Month is hibernating and will begin again in the spring. Until then - Have a great winter.

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Contact Customer Support at (866) 428-0800 to set up your account now! Or email: team@uhlig.com

eStatement Quick Reference Guide



**We have made registering for eStatements quick and easy.
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Go to: <https://secure.uhlig.com/estatements/mg/pc>
Enter the basic account information from your most recent statement.

We have made registering for e-Statements quick and easy.

You will need a valid e-mail account to register. Information from your statement will help us verify your account.

Contact Information

* **First Name:** John
Last Name: Doe
Email: johndoe@gmail.com (will be your login ID)
 * **Confirm Email:** johndoe@gmail.com
Phone: 800-555-1212

Account Information

Please enter your information exactly as it appears on your current statement.

Note: If you have multiple accounts, enter information for the first account; then, click the "Add Additional Account" link. If you only have one account to register, enter the account information and click "Continue."

Account 1

* **Name:** John Doe
Account Number: 0012345678910
Street 1: 12345 Main St
Street 2:
Zip/Postal Code: 12345
City: Anytown
State/Province: WA

☐ Add Additional Account

2 Verify Your Email Address

Next, you will receive a verification email. Click on the link in the email to verify your email address and complete your eStatement registration.

John Doe,

Thank you for signing up for eStatements.

To complete the registration process, please **verify** your email address.
You will be redirected to our website to complete the registration process.

Your login is jdoe@ex.com.

If you are unable to view the "Verify" hyperlink, please copy and paste the following link into your internet browser:

[http://www.ublg.com/eStatements/signup2_d.m?
hp=/Secure/ublg.com/eStatements/userGUID=105268AB89-345742-SDFE76-AFDBB3-A555C61D2477338](http://www.ublg.com/eStatements/signup2_d.m?hp=/Secure/ublg.com/eStatements/userGUID=105268AB89-345742-SDFE76-AFDBB3-A555C61D2477338)

Thank you,

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Email: team@ublg.com

Please add [estatemnts@ublg.com](mailto:estatements@ublg.com) to your Safe Senders List to ensure delivery of your eStatements.

3 Complete Your Security Set-Up

After we have verified your email address, you will be asked to set up a security question and create your password.

Security Information

* Question:

* Answer:

* Password:

* Confirm Password:

4 View Your Statements

Click on the PDF icon to view your statements.
Each month you will receive an email when your
latest statement is ready for viewing.

Account Information

John Doe
14321 Main Street
Phoenix, AZ 85008

Current Statement - As of Date: 03/31/12

Service	Amount	Due Date
Basic Service	\$120.00	04/05/12
Cable	\$10.00	04/05/12
Phone	\$10.00	04/05/12
Internet	\$10.00	04/05/12
Total	\$120.00	04/05/12

My Account

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www.communitystorehouse.org
or mail to P.O. Box 13 Keller 76244.**

Call Today to Schedule your End of the Year Furniture Donation!

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BABYSITTERS OF WOODLAND SPRINGS



If you are interested in having your name and phone number listed in the Woodland Springs Word as an available babysitter, please email your name, phone number and home address to: stacy.mcgrath@premiercommunities.net. After residency verification, your name and phone number only will be printed

when the babysitter listing is run each quarter.

Jael Miller	817-822-4945
Jeremiah Miller	817-822-4945
Jude Miller	817-822-4945
Eli Demel (cpr cert)	817-741-4402
Emily Demel(cpr cert)	817-741-4402
Ally Feuling	817-897-7010
Logan Anthony Verdick (cpr cert).....	619-955-2929
Kaitlin Culwell.....	817-228-3581
Estephania Mendes (cpr cert).....	817-948-4994
Lexi Cantu.....	817-562-5291
Asley Marmon	214-883-0821
Avery Lindley	817-741-1599
Nathan Smith (cpr cert).....	425-232-6657

Covenants Corner

5.3.3 Yard Maintenance. Each owner/resident, at their own expense, must maintain the yards on his lot with an appearance that is commensurate with the existing standards of the neighborhood.

Specifically, each owner must:

a. Maintain an attractive ground cover of grass or sod on all yards visible from a street.

Xeroscape or ground cover other than grass or sod shall be permitted with prior ACC approval.

b. Maintain a minimum of one (1) tree in the front yard. The following trees have been approved for installation. (Alternate types of trees submitted to the Architectural Rules Committee will be considered for approval.)

1. Ash, Texas
2. Elm, Cedar
3. Cedar, Eastern Red

4. Cypress, Bald
5. Magnolia, Bay
6. Maple, Caddo
7. Oak, Bur
8. Oak, Evergreen
9. Oak, Southern Red
10. Pear, Aristocrat
11. Pear, Bradford
12. Pear, Callery
13. Pecan, Native
14. Pine, Austrian
15. Plum, Mexican
16. Walnut, Black

- c. Maintain in good working condition all lawn irrigation systems.
- d. Edge the street curbs, sidewalks and driveways at regular intervals.
- e. Mow the lawns and grounds at regular intervals.
- f. Prevent lawn weeds or grass from exceeding 6 inches in height.
- g. Not plant vegetable gardens that are visible from a street.

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Don't Forget the Hostess



Hostess Gifts - Don't over-think or overspend on a hostess gift, it really is the thought that counts!

A bottle of wine is never a bad idea, but why not think outside the box and take something unexpected and different this year. Here are a few ideas you may find helpful and they may inspire your own creativity:

- Holiday flour sack dish towels rolled and tied with string and holly sprigs
- Infused olive oils with a loaf of fresh bread – store bought or infuse your own
- Homemade cinnamon rolls or scones that the hostess can enjoy the next morning
- A small potted herb wrapped in holiday fabric or paper
- A jar of local honey or jam with a loaf of fresh bread (who doesn't like fresh bread?!)
- A Christmas ornament (keep the color neutral)

*This is just a token of appreciation
and shouldn't add to your holiday stress!*

Troop 1182 dedicated and planted a Magnolia Tree in Woodland Springs in November. The tree is dedicated to the founder of Girl Scouts, Juliette Lowe and is located in the western section of Woodland Springs. It overlooks the newest pond and is at the end of the cul-de-sac of Wolf Creek.



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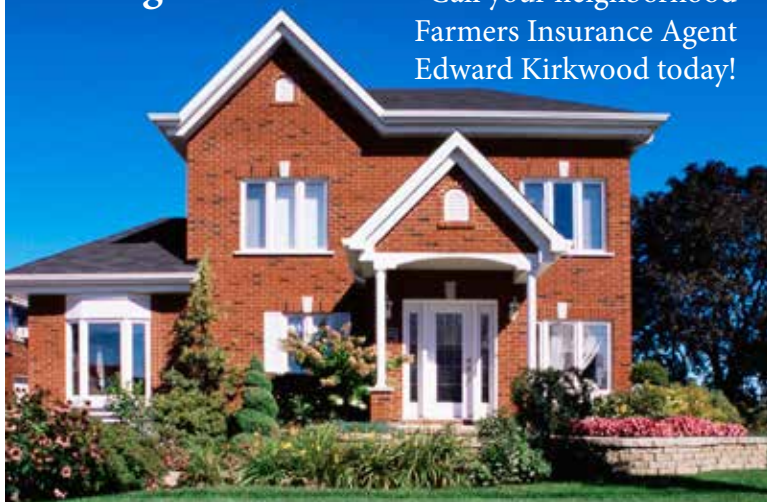
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Who to Call or Where to Get Info

To report an active crime: Call 911
Less urgent matters: Fort Worth Police Dept.
Non-emergency number: 817-335-4222

Matters concerning VOWS Community property or unkempt lots in VOWS:
Premier Customer Service 1-877-378-2388

Matters concerning unkempt lots outside of VOWS:
Fort Worth Code Compliance 817-392-1234 or log on to fortworthtexas.gov and look under "Services" for "Code Violations". Check out all the info available on this site, from barking dog complaints, street repairs & garage sale permits to official forms for complaints.

Info about our community:
www.woodlandspringshoa.com

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EAT A RAINBOW

There are so many fad diets, supplements and gimmicks advertised everywhere that it is difficult to know what is best. The most natural foods that we can eat, fruits and vegetables, seem to be the smallest portions on our plates while the meat and pasta seem to be the largest.

It is important that we eat a variety of fruits and vegetables every day for many reasons. Each fruit and vegetable contains approximately 10,000 phytochemicals, or plant chemicals, that fight disease. You cannot find these in isolated vitamin/mineral supplements. Each phytochemical works synergistically with other components in the food to fight disease and keep us healthy. Eat a rainbow! This little saying should remind us of the disease-fighting power of eating a variety of fruits and vegetables every day."

Reds such as tomatoes, watermelon, pink grapefruit and guava contain lycopene – a potent cancer fighter.

Purple found in grapes, grape juice, prunes, apples, cranberries, blackberries, and strawberries contain flavonoids which may prevent heart disease.

Oranges in sweet potatoes, mangoes, carrots, apricots, cantaloupe, and pumpkin contain alpha- and beta- carotene which are cancer fighters.

Orange/yellows in oranges, tangerines, peaches, papaya, and nectarines contain cryptoxanthin which are also cancer fighters.

Yellow/greens in spinach, yellow corn, green peas, avocado, and honeydew contain lutein and zeaxanthin which protect retinas

from macular degeneration and cataracts.

Greens in brussell sprouts and broccoli contain sulforaphane, another cancer fighter.

Whites found in garlic, onions, endive, and chives contain organosulfides and flavonoids which are cancer fighters and clot busters.

Purple/blues in blueberries contain anthocyanins and antioxidants which are cancer fighters and brain boosters.

In this day and age of fast and convenient foods, vegetables tend to fall by the wayside. These powerhouse foods pack an intense load of phytochemicals, vitamins and minerals which fight disease. Try serving baby carrots and other veggie sticks with dressing for an after school snack. If put on



a plate on the kitchen table, you may be pleasantly surprised to find they'll be gobbled up while kids are doing homework.

Make it a point to add a new fruit or vegetable in to your diet every week! Remember to eat a rainbow every day!



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Woodland Springs Homeowner's Association

The purpose of a homeowners association (HOA) is to maintain, enhance and protect the common areas and interests of the subdivision or neighborhood. Individual homeowners, as members of the association, pay periodic assessments support & utilize neighborhood amenities (pond, pools, parks, tennis courts, etc.). The assessments pay for community expenses such as entrance monuments, landscaping, amenities like clubhouses, tennis courts, or walking trails, insurance for commonly-owned structures and areas, an on-site management company, or any other item delineated in the governing documents or agreed to by the homeowners' association.

Currently, the Advisory Committee, which is comprised of elected residents, is the intermediate group between the residents and the Board of Directors and Centurion American (VOWS developer). This will continue until full development of VOWS is completed. The sub-committees report to the Advisory Committee. All residents are invited to attend Advisory Committee meetings which are normally held the 4th Tuesday of each month at 6:30 pm at the Amenity Center on Timberland.

The January 2013 meeting of the Advisory Committee will be on January 22nd.

ADVISORY COMMITTEE MEMBERS

Chairman: David Davidson.....jhbothwell@aol.com
Vice-Chair: Richard Walter.....richardwalter@gmail.com
 Secretary: Andy Wangajw101@gmail.com
 Shirley Gansserespartners@verizon.net
 Gary Honakergooch7@honaker4.com
 Peggy Wegnerpeggy_lundquist@yahoo.com
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 Cindy Dronettecdronette@hotmail.com

SUB-COMMITTEE CHAIRS

Budget & Finance - Frank Friarfriar22@gmail.com
 Newsletter - Openvows.communications@gmail.com
 Landscape/Grounds-Jim Houstonvows.landscape@gmail.com
 Pools - Colleen Demel.....pools.at.vows@gmail.com
 Safety/Security - Phoebe Saenzvows.safesecure@gmail.com
 Events - Open.....events.vows@gmail.com



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CALENDAR OF EVENTS – JANUARY 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Years Day ON SITE OFFICE CLOSED 5:30am P90X	2 5:30am P90X	3 5:30am P90X 12:00pm Zumba 6:30pm Martial Arts	4 5:30am P90X	5 8:00am Martial Arts
6	7 5:30am P90X	8 5:30am P90X 4:00pm Dance	9 5:30am P90X 6:00pm Zumba 7:00pm Yoga 8:00pm Soultainment	10 5:30am P90X 12:00pm Zumba 6:30pm Martial Arts 6:30 pm Landscape Mtg	11 5:30am P90X	12 8:00am Martial Arts
13	14 5:30am P90X	15 5:30am P90X 4:00pm Dance 7:00 pm Code Blue	16 5:30am P90X 6:00pm Zumba 6:30pm BFE Meeting 7:00pm Yoga 8:00pm Soultainment	17 5:30am P90X 12:00pm Zumba 6:30 pm Martial Arts	18 5:30am P90X 6:30pm Scrapbooking	19 8:00am Martial Arts
20	21 Martin Luther King Day 5:30am P90X	22 5:30am P90X 4:00pm Dance 6:30pm AC Meeting	23 5:30am P90X 6:00pm Zumba 7:00pm Yoga 8:00pm Soultainment	24 5:30am P90X 12:00pm Zumba	25 5:30am P90X 6:30pm New Homeowner Meet and Greet	26
27	28 5:30am P90X	29 5:30am P90X 4:00pm Dance 6:30pm Martial Arts	30 5:30am P90X 6:00pm Zumba 7:00pm Yoga 8:00pm Soultainment	31 5:30am P90X		

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