

The Woodland



Homeowners' Association





Mother / Son Field Day Page 7



Drowning Prevention Page 8



Relay for Life Page 10



Clean Up Day A Huge Success Page 14





PAGE 2 - WOODLAND SPRINGS WORD - MAY 2013 • WWW.WOODLANDSPRINGSHOA.COM

# Sell your home FAST!



### THE J&J REALTY TEAM KNOWS WHAT IT TAKES

to sell houses quickly in the Villages of Woodland Springs. We are experts in this neighborhood and would be happy to share our expertise with you to help you sell your home in a timely manner.

# We provide free staging and free professional photography

Studies have proven that a professionally-staged and photographed home sells up to 50% faster and for up to 18% more money! The J&J Realty Team recognizes the importance of staging and photography, and we offer our clients these two services for FREE! Call us today to schedule an appointment with one of our team members.

#### Contact: Jim Carter - 817-800-4780

JimCarterEmail@gmail.com • www.JimCarterRealEstate.com

#### Joni Baldwin - 817-602-1194

Joni.Baldwin@PruWorldwideRealtors.com • www.JoniBaldwin.com





hair · shave · spa · massage · memberships

### Alliance Town Center 817.741.0770

9405 Sage Meadow Trail, Ste. 113 Ft. Worth, TX 76177

www.theboardroomsalon.com





Homeowners' Association

The Villages of Woodland Springs Homeowners Association Professionally Managed by Premier Communities Management Company

Premier Communities Customer Service: 877-378-2388 Please use this telephone number to report all non-emergency complaints and information.

> On-Site Management Team: Justin LaHue General Manager Justin.LaHue@premiercommunities.net

> Robin Willits Assistant Manager Robin.Willits@premiercommunities.net

Catherine McGrath Administrative Assistant Catherine.McGrath@premiercommunities.net

The On-Site office is located at the Amenity Center at 12209 Timberland. On-Site Hours: Monday- Friday 9am-6pm Saturdays 10am-4pm On-Site Number: 817-741-1719 On-Site Fax: 817-741-1720 After Hours Emergency: 214-871-9700

www.woodlandspringshoa.com

### The Woodland Word

Is the only authorized and official monthly publication for the residents of the Woodland Springs Community with news and a calendar of community events endorsed by the Woodland Springs HOA & its members.

#### PUBLISHED BY

Community News Connection, Inc. 206 W. McDermott Drive, Suite 120 • Allen, Texas 75013 972-396-8855 • www.communitynewsconnection.com

#### ADVERTISEMENT SALES

For information or to place an advertisement 972-396-8855 • info@communitynewsconnection.com

### Advertising Deadline for the June 2013 Issue (Delivered before June 1st) Is May 1, 2013

Woodland Springs and Community News Connection (CNC) do not in any way endorse or support, nor does it take any credit or responsibility for any of the services, paid or volunteer, listed herein. The Woodland Word is not paid for by the home owners' dues and is not funded by the HOA in any way. The Woodland Word is not a negative publication. It is a community publication created to inform and serve the community. The Woodland Word strives to report only good news; we do not allow articles on politics, religion, controversial topics or any editorials. We also reserve the right to refuse any advertiser or article submission that we feel is not right for this "community philosophy" or not a good fit for this publication

# VOWS SPRING GARAGE SALE

The Villages of Woodlands Springs Spring Garage Sale will take place on May 3, 4, and 5. Remember you will need to get a permit from the City of Ft. Worth to participate in the sale. There is no cost to do this. You can download the form by going to www.fortworthtexas.gov click on the link for Permits. Permits shall be secured at least 72 hours prior to the sale and shall be prominently posted on the premises during the sale.

One sign advertising the sale is allowed on the premises only, and must not exceed 2 square feet in size. All other signs, either on or off the premises, are prohibited. No more than two sales on the same premises in any one calendar year.

Striving to Promote Healthy Pets Through Highly-Educated Owners

### ACHEAN CONTRACTOR

- Examinations / Semiannual Physicals
- All Necessary Vaccinations
- Semiannual Bloodwork, Urinalysis
- Dental Cleaning and Dental Xrays
- Heart Health Checks
- Glaucoma Screening
- Preventative Care
- Puppy/Kitten Vaccines & Spay/Neuter

Woodland Springs

VETERINARY

Hospital

817-431-3735 • www.WSVH.net • 11715 Alta Vista Rd., Fort Worth

Now Offering Wellness Plans Everything "Wellness" your pet needs annually for a LOW MONTHLY PAYMENT "as low as \$39/ma.



**50% OFF Office Visits** 

10% OFF Prescriptions 10% OFF Most Other Services

10% OFF Heartworm

Preventative & Flea Control

### Air Duct & HVAC Cleaning Independently Owned & Operated

Located within minutes of The

24 Hr Emergency Service

Villages of Woodland Springs



**IMMEDIATE RESPONSE** 

FIRE & WATER DAMAGE – Available 24/7

Fire & Water - Cleanup & Restoration™

Like it never even happened.<sup>®</sup>

PAGE 4 - WOODLAND SPRINGS WORD - MAY 2013 • WWW.WOODLANDSPRINGSHOA.COM

# 4th Annual Bunny Hop



The 4th Annual Bunny Hop was a fun day for runners in their rain gear and egg hunters with their baskets. The rain cleared before our 1 mile fun run began, through the 5 mile race, and held out until after the egg hunts were over.

170 runners signed up for the charity races benefiting the Community Storehouse and Christ's Haven for Children. Proceeds will be shared between the two charities.

Hunters were greeted by the Egg Chick-fil-A cow and our neighborhood bunny. Music played to keep the kids jumping in the bounce houses. Kids petted goats, chickens, and llamas in the zoo before heading to the fields of colorful eggs.

Thank you to the volunteers who made this event possible and to the businesses that attended for serving our community.



Swim School



FREE Sprint Goggles with enrollment AquaKids" Swim School

4212 Heritage Trace Pkwy. Keller • (817) 745-1000

With this coupou. New customers only, Not valid with any other offers Offer expires W2/02/013

# Yard Of The Month



Congratulations to the homeowners at 2937 Sawtimber Trail for the most beautiful yard in VOWS for May 2013. The homeowners will receive a \$40 gift card courtesy of Alta Vista Nursery@ 4700 Golden Triangle Blvd., a yard sign designating them Yard of the Month, and of course, bragging rights!

Thanks for making VOWS a beautiful place to live! If you would like to nominate someone for yard of the month, please email vows.communications@gmail.com.

## BABYSITTERS OF WOODLAND SPRINGS



#### April 2013 – June 2013 Babysitter's List

The young people listed below have offered their services as babysitters in our community; the contacts are provided here for information only. Please interview any candidates and make your own decision as to the candidate's capabilities & qualifications to stay alone with your child.

Sarah Ritz (cpr cert)	817-741-1690
Summer Robinson	817-739-6671
Taylor Coffelt	
Miranda Linton	
Kaylee Kramer	214-295-6781
Addison Cassady (cpr cert)	817-805-6005
Leslie Bauer	
Renee Garrett	817-201-1757

Young people who are VOWS residents and below the age of 21 may submit their contact information to robin.willits@premiercommunities.net. Also contact Robin if your name should be removed from the list for any reason.

# Here... time flies even when you're NOT having fun.

### CELEBRATING OUR FIRST YEAR OF OUTSTANDING WAIT TIMES AT THE ER AT ALLIANCE.

THE ER AT ALLIANCE WOULD LIKE TO RECOGNIZE EVERYONE WHO MADE OUR FIRST YEAR A HEALTHY ONE, AND SAY THANKS FOR ALLOWING US TO CARE FOR YOU.

When you're feeling bad, time seems to really slow down. But at the ER at Alliance, we're dedicated to helping you recover as fast as possible.



#### FOR CURRENT AVERAGE ER WAIT TIMES:

- Download Free iPhone App Includes turn-by-turn directions.
- Text "ER" to 23000 for current wait times and directions
- Visit fastERtx.com for current
  wait times

**HCA North Texas Hospitals** 

FASTERTX.COM

A Department of North Hills Hospital Alliance<sup>®</sup> is a trademark and service mark of Hillwood Development Company, LLC. 3010 North Tarrant Parkway, Fort Worth, TX 76177

# **COVENANTS CORNER**

### Who owns the fence and who is responsible for the repair or replacement of it?

It is sometimes thought that if the poles are on your side of the fence, then you are responsible for the upkeep of that fence. That is not necessarily true. Most of the fences in The Villages of Woodland Springs are shared fences. Meaning, the fence is on the property line, therefore, both parties are responsible for the repair or replacement. If you have a shared fence that is in need of repair, please talk with your neighbor to make arrangements for its repair.

Please remember that all repairs or replacements must go through the Architectural Control Committee prior to any work begin done. There is a form you will need to fill out for this. You can get this form by visiting the on-site office on Timberland Blvd. or you can call the office and we can email the form to you.

### Here is what the DCC&R's have to say about fences.

5.3.4 Fences & Walls. This Section is subject to the ACC's right to adopt additional or different specifications for construction or reconstruction of fences. Any fence or wall must be

constructed of masonry, brick, wood or other material approved by the Association. No chain link fences are permitted (except community athletic fields) . No fence or wall shall be permitted to extend nearer to any street than five feet (5') from the front of any residence.

However, all side yard fencing on corner Lots shall run parallel to the curb and may be placed up to the side Lot line and shall not extend beyond a point of five feet (5') behind the front of the residence on that side. Any fence or portion thereof that faces a public street shall be so constructed so that all structural members and posts will be on the side of the fence away from the street so that they are not visible from any public right-of-way. No portion of any fence shall extend more than eight feet and one-half feet (8-1/2') in height. If Owner desires to stain the fence the approved stain color is medium brown. All other fence stain colors must have prior ACC approval. Retaining walls must be constructed entirely with ACC-approved materials, however railroad ties may not be used for a retaining wall visible from a street. Fences may not be constructed between a dwelling's front building line and the street. Each owner, at owner's expense, must maintain the fence to a standard, and with the appearance that is commensurate with the neighborhood.

#### Specifically, each fence must not have:

a. Rotting fence posts causing fence to leanb. Missing or broken fence panels or boardsc. Boards that are not secured to main fence structure

5.3.5 Iron Fences. On Lots opening onto a public park, open space common area, or green belt, the owner is required to erect (excluding the utility easements) an iron fence on that portion of the lot that is contiguous and adjacent to the open space, public park, common area and/ or greenbelt. The iron fence must be at least four (4) feet tall and may not exceed six (6) feet in height. The iron fence must be uniform throughout any particular Section of the subdivision and the detail for the iron fence must be approved in writing by the Architectural Control Committee.



# Captain Ron's Lawns & Landscaping, Inc.

Quality service you can rely on, since 1998. Your Neighborhood Mowing Service & Landscaping Provider

We Want Your 2013 Mowing Business.

May God Bless www.captainronslawn.com 817-485-7890



# **Alta Vista Self Storage**

Parking starting as low as \$39.00 a month 817-431-3550



Alta Vista Self Storage altavistaselfstorage@verizon.net 10385 Alta Vista Rd • Ft. Worth TX 76244

## **Mother / Son Field Day**

The Villages of Woodland Springs would like to invite the Moms and Sons to the Annual Mother & Son Field Day. This event will be held at Bray Birch Park, Saturday May 11th from 12-2. If it rains, this event will be held at the amenity center. Moms bring your son out to have lunch and enjoy the day with lots of crafts and games.

If you would like please bring your picnic blanket and chairs. We welcome dads to volunteer for this event please email events.vows@gmail.com To register for this event, visit:

http://tinyurl.com/VOWS-MotherandSonFieldDay Look forward to seeing you there!

**VOWS Events Committee** 



# Did you know that VOWS has a Facebook page???

The number of users on our neighborhood Facebook page is growing! We find this to be a great tool to get the word out about everything from lost pets to community events and everything in between.



### Visit facebook.com/woodland.springs today!

It's important to note that the Facebook page is not monitored or endorsed by the Homeowner Association or Premier management. It was created by residents as a tool to help inform neighbors of things such as missing pets, items for sale and barter, small groups and events, and so much more.

# A patient approach to surgery.

### The surgical staff is proud to serve our community.

At Texas Health Harris Methodist Hospital Alliance, we're ready to help you through your surgical procedure from admission through recovery. Our compassionate clinicians and physicians on the medical staff possess the skill to deliver a great surgical experience. For breast, gynecological, orthopedic procedures and more, we offer cost-effective options and a technologically enhanced experience. And, our lab, imaging and rehabilitation services, plus physician offices, are found within the same location. From diagnosis to recovery, we're here for your health and well-being every step of the way.

### 1-877-THR-WELL | TexasHealth.org/Alliance



Take a virtual tour. Scan the QR code or visit TexasHealth.org/Alliance-Surgical-Services



# DROWNING PREVENTION



Do you know that Texas is #1 in the country for pool drownings and Tarrant County is #2 in the State of Texas for child drownings? Do you know someone who does not know how to swim? Do you have a fear of the water? If so, here is an opportunity that may save a life.

The Fort Worth Fire Dept and the Fort Worth Drowning Prevention Coalition are offering their inaugural, nationally- approved, Safe

Swim program for children and adults at The Villages of Woodland Springs Timberland Amenity Center Pool in May. While children and adults are in the pool learning to be comfortable in the water, float and tread water, family members may join members of the Fire Dept. to learn about water rescue, safety barriers and hands-only CPR.

This program of parent/caregiver education and water safety swim instruction is a 4 week program consisting of 8 classes designed to give you the skills and knowledge to be safe in and around water. The classes will meet Tuesday and Thursday evenings. You can choose between two time slots, either 6 PM or 7 PM. Cost is \$5 per student and in return for participation in all 8 classes you will be given a Coast Guard Approved life jacket.

Who Can Join? Anyone ages 3 to 103 who would like to learn how to be safe in and around water. This is a drowning prevention program, not a swim stroke clinic. All children must be accompanied by an adult parent FORT WORTH or caregiver.

**Dates:** Tuesdays & Thursdays May 14th, 16th, 21st, 23rd, 28th, 30th, and June 4th. 6th.

Times: 6:00pm & 7:00pm Class duration: 45 mins week 1, 30 mins weeks 2-4.

Location: Woodland Springs Timberland Amenity Center Pool 12209 Timberland Blvd. Fort Worth, TX 76244

Registration: Pre-registration is required. Registration deadline is Friday, May 10. Please click here to register.

For More Information: Please contact Pam Cannell, pjcannell0701@gmail.com, or call 817.994.1984.

Special thanks to: Dubose Family Foundation Sarosdy Family Foundation



# North Central Ballet Summer Dance Camps

Ages 3 and 4 July 15-19

Ages 5-7 July 22-26 Ballet class, vocabulary, music, health, nutrition & crafts

Summer Intensive Ballet Workshop Ages 8 and up, July 1-26, 9am-1pm Ballet, Pointe, Variations, Musical Theatre, Modern Dance, Jazz

North Central Ballet 12077 Katy Rd, Suite 713, Keller

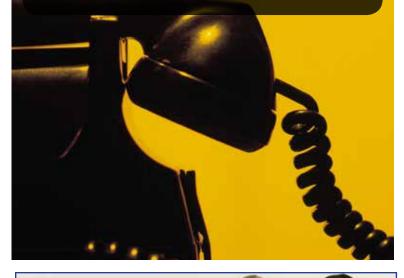
817-428-8232 northcentralballet.com



WWW.WOODLANDSPRINGSHOA.COM • WOODLAND SPRINGS WORD • MAY 2013 - PAGE 9

### **Important Reference Numbers**

Animal Control	817-392-3737
Code Enforcement	817-392-1234
Fire(non emergency)	817-922-3000
Graffiti	817-212-2700
Police (non emergency)	817-335-4222
Trash/ Recycle	817-392-3279
Water	817-871-8210
VOWS (onsite office)	817-741-1719
VOWS(after hours)	214-871-9700



### 2013SCRAPBOOK DATES **AMENITY CENTER** 6:30PM-10:00PM 5/17/13 9/21/13 All Day 6/21/13 10/18/13

6/22/13 All Day

7/19/13

8/16/13

9/20/13

11/15/13

12/13/13

12/14/13 All Day





Family Owned and Operated for 30 Years!

### The Anderson Team

Laurie Anderson 817.966.7653 AndersonTm@aol.com Woodland Springs Resident!

We SELL More Homes in the Metroplex than any other company! Your Perfect Partner...for SELLING or BUYING!

**JoAnn Anderson** 817.741.2701 joannanderson2701@yahoo.com

#1 Top Producing Team for Coldwell Banker since 1990 www.AndersonTeamRealEstate.com

### **ATTENTION PARENTS Do You Have A** 3 to 7 Year Old Child or 8 to 13 Year Old Child?

We will increase your child's confidence, self-esteem, fitness level and teach them to defend themselves

### in our program, your child will experience.

- Better Grades
- Become Bully-Proof
- Leadership Skills
- Physical Fitness
- Real Self-Defense Skills

| Now! 817-614-9325 Who else wants to learn SELF DEFENSE. gain CONFIDENCE and get in AMAZING SHAPE? BRAZILIAN JIU-JITSU. MUAY THAI & MMA



**30 DAYS FREE!** plus, free t-shirt & private lesson \$247 value just to try us out! Peak Performance • 817-614-9325

Try out the #1 Martial Arts

School for FREE!\*

# North Texas Celebrates More Birthdays in Overnight Event



Teams of north Texas residents will gather May 4 in Keller and northern Tarrant County for an overnight Relay For Life, the American Cancer Society's signature fight against cancer. This year's Relays For Life will be especially significant because 2013 will mark the American Cancer Society's 100th birthday.

"On May 22, the American Cancer Society will celebrate 100 years of saving lives from cancer and creating a world with more birthdays," said Scott Abbott, director of community development for the American Cancer Society. "It's the progress we've made together as a community that has helped us reach this incredible milestone with tremendous success."

Relay For Life is a fun-filled event that mobilizes communities throughout the country to celebrate cancer survivors, remember loved ones and raise money for the fight against cancer.

The event begins with a cancer survivors lap celebrating those who have survived cancer or who are currently battling cancer. Games, music, live entertainment encourage people all through the night. Some teams also hold creative fundraisers at their camp sites during Relay.

Relay For Life's Luminaria Ceremony takes place after sundown, honoring the community's cancer survivors and remembering those lost to the disease. Participants will circle a track that is surrounded with glowing luminaria that bear the name of someone who has battled cancer. Luminaria may be purchased for \$10 by calling Sonja Barnes at 817-570-0637 or by visiting RelayForLife. org and search for an event near you.

Also a part of Relay For Life events is the "Fight Back Ceremony" in which a community leader will inspire Relay participants with his or her own commitment and will challenge them to take a personal pledge of action, such as stopping smoking or eating more healthy.

**Relay For Life event contact:** Northern Tarrant/Keller, May 4 Shannon Sears, 214-578-1642

#### About the American Cancer Society

The American Cancer Society is a global grassroots force of more than three million volunteers saving lives and fighting for every birthday threatened by every cancer in every community. As the largest voluntary health organization, the Society's efforts have contributed to a 20 percent decline in cancer death rates in the U.S. since 1991, and a 50 percent drop in smoking rates. Thanks in part to our progress nearly 14 million Americans who have had cancer and countless more who have avoided it will celebrate more birthdays this year. As we mark our 100th birthday in 2013, we're determined to finish the fight against cancer. We're finding cures as the nation's largest private, not-for-profit investor in cancer research, ensuring people facing cancer have the help they need and continuing the fight for access to quality health care, lifesaving screenings, clean air, and more. For more information, to get help, or to join the fight, call us anytime, day or night, at 1-800-227-2345 or visit cancer.org.



#### WWW.WOODLANDSPRINGSHOA.COM • WOODLAND SPRINGS WORD • MAY 2013 - PAGE 11

# **VOWS Community Activities**

If you'd like to inform residents of a club, group, hobby, or interest, let us know - email vows.communications@gmail. com with the subject ACTIVITIES. Only residents who are current with VOWS HOA assessments may participate. All meetings below are at the Amenity Center unless otherwise noted. Please note that scheduled activities or details may change after The Woodland Word goes to print, but up-to-date info can be found at: www.woodlandspringshoa.com/community-events-calendar.

P90X-BOOT CAMP - Workouts Mon. – Fri. 5:30am; all fitness levels are invited. Must be 18 or older; register online at http://tinyurl.com/VOWSBootCamp. Contact robin.willits@premiercommunities.net with questions.

FIT CLUB - Monday at 6:30pm. Workout to Turbo Fire, Insanity, P90X, and other Beachbody DVDs. Register at http://tinyurl.com/VOWS-Fit-Club. For more info: contact Jodie Rubley jarubley@imaginations.com, beachbodybrenda@yahoo.com.

WALKERS/RUNNERS/BIKERS/TRI-ATHLETES - Saturdays 6:30am ; meet at Bray Birch Park to go for a walk, run, or bike ride. Walkers/Runners are diverse in experience.

YOGA –Mondays 12:00 noon and Wednesday 7:00pm; Mondays contact yogawithjace@gmail.com and Wednesdays Sara@sullivanfitness.com for info.

ZUMBA – Wednesdays 6:00pm. Fun, easy-to-follow, calorie burning, Latininspired dance fitness party. Email Christie McDevitt at cmcdevitt731@att.net for info.

HOMESCHOOL GROUP - VOWS residents who homeschool children are invited to join the homeschool group, created to support each other. Please contact Sarah Rockhold by email at vowshomeschool@gmail.com with HOME-SCHOOL in the subject line.

PLAYGROUP - Bray Birch park after school 3:00pm. Everyone is welcome!

TODDLER PLAYGROUP - Playgroup for preschool age children. Please go to the VOWS facebook page at facebook.com/woodland.springs and search "VOWS Playgroup in the search box for more information on this group.

SOULTAINMENT–Wednesday 8:00pm; contact Paul Brough paul\_brough@hotmail.com Soultainment helps kids build confidence, creativity and individuality through activities and acting.

SPANISH LANGUAGE CLASSES – Native Spanish speaker and tutor would like to start classes for learning & using Spanish. Contact Alejandra Rodriguez at ale\_grl@hotmail.com.

SCRAPBOOKING - VOWS hosts a scrapbooking night each month – see calendar for date. Admission is an item to share for the potluck meal; please bring your own drink.(no alcohol) For more info: events.vows@gmail.com with the subject "SCRAPBOOK".

VOWS SINGLES – Enjoy dinner parties, game nights and socializing with other singles from the community? Contact vbolles@verizon.net for info.

LUNCH BUNCH - Empty nester with extra time on your hands, like to try to get to know some of your VOWS neighbors, and do a monthly lunch out with others? This group meets the third Wednesday of each month Contact to Pauline at pko@ email.com for details.

NEIGHBORHOOD PRAYER FEL-LOWSHIP GROUP – This group meets rain or shine every Saturday 6:30am-7:30am at Bray Birch & Lamington Dr. VOWSPrayerGroup@verizon.net .

WOODLAND SPRINGS / ALLIANCE BUSINESS NETWORK – This is a time for businesses to come together and share marketing ideas and resources. It meets the first Friday of every month in the Amenities Center from 10am-11:30am.



Humane Society of North Texas Full Service Shelter 1840 East Lancaster Fort Worth, Texas, 76103

> www.hsnt.org hsnt@sbcglobal.net

# Mowing Tips

#### http://www.landscapingnetworx. com/info/mowing

Mowing is often overlooked as one of the major factors in keeping laws healthy. Good mowing habits will keep your grass strong and healthy – and of course it will keep it looking good, too! Maintaining a well-cut lawn is also the best defense against weeds. Here you will read about mowing tips, mowing safety and the best way to mow for the type of grass in your yard.

#### Don't Cut the Grass Too Short!

Cutting your grass at higher points will help it grow in the healthiest way. Higher grass provides for a deeper root system and can prevent large weeds, particularly crabgrass, from invading. In fact, it is recommended to cut off no more than a third of the grass at any one cutting.



You can also set your mower to cut the grass to keep it at a level of three inches high.

Cutting grass too low can make it more susceptible to drought, insects and weeds because the root system will be much smaller, leaving room for weeds to grow. Remember that your grass should be cut before it grows taller than 4.5 inches. If you find that your grass is growing too quickly for you to keep up, then you should consider watering it less often, since this will slow down its growth. It will also save you money, since you will be conserving water. Learn more about the best ways to water your lawn efficiently. If you still can't keep up with mowing your fast-growing grass, consider hiring a professional landscaper to cut it for you.

#### **Mowing Frequency**

How often should you cut your grass? The answer depends on the time of year and the type of grass you have. During the warmest weather, you probably need to mow your lawn a couple of times a month. In the spring, grass may need cutting at least once a week. Here is a general guide for mowing frequency according to grass type:

• 3–7 Days: Common Bermudagrass, Hybrid Bermudagrass

• 5–7 Days: Kentucky Bluegrass, St. Augustine Grass, Texas Bluegrass (Reville), Zoysia Matrella (Fine-bladed Zoysia)

~ continued on next page ~



Timberland 817.431.2979 www.timberlanddental.com

# Mowing Tips continued

7–10 Days: Zoysia Japonica or Coarse-Bladed Zoysia
7–14 Days: Buffalograss, Centipedegrass, Tall Fescue

If you are unsure about the type of grass in your yard, contact a professional landscaper to help you determine what type you have.

#### **General Mowing Tips:**

• Mow when the grass is dry.

• Leave the freshly cut grass clippings – they provide great nutrients for your grass. The clippings also can help your lawn retain water and cut down on the need for fertilizer. It's estimated that leaving clippings can also cut the amount of time you spend on lawn maintenance by 30 to 35 percent.

• Mow your lawn in a different

direction each time, especially with shorter grasses. Changing direction ensures a more even cut, since grass blades will grow more erect and less likely to develop into a set pattern.

• Keep up with regular mower maintenance, including sharpening of the blades and changing the oil.

• Avoid mowing in the dark.

#### Safe Mowing Tips:

Unfortunately, each year there are many mowing accidents, many of which result in serious injury and many of which involve children. Please note some of the following safety tips for mowing which will help keep you and your family safe:

The Center for Childhood Safety offers the following tips: • Keep children and pets out of the yard while mowing.

• Do a walk-through of the area before you begin mowing. Clear the area of large sticks and other debris.

• Wear clothing that offers some protection, like sturdy shoes with non-slip soles to provide good traction. Wear eye protection, like glasses, sunglasses or goggles while mowing.

• Read the operating manual for your mower. Make sure you understand all of its safety features prior to use. Make sure your new power mower has a "deadman" control that stops the mower if you let go of the handle. Do not disable this or any other safety features of your mower.

• Do not cut the lawn when it's raining, lightning or when the grass is slippery.

• Adolescents should be at least 12 years of age before they operate lawn-mowing equipment. Discuss lawn mower safety with all of your children.

• Never allow young children to ride a mower alone.

• Warn adolescents who are operating lawn-mowing equipment to avoid placing their hands near power blades. Do not clean the grass exit with your hands.

• Do not push a lawn mower onto the pavement. The lawn keeps objects from being hurled at a high speed. On the pavement, there is no such protection.

• Make sure your mower is in good working condition at all times. Do not operate a mower when under the influence of alcohol or other drugs that impair judgment.



# **Clean-Up Day - A Huge Success**







We would like to give a BIG THANK YOU to all who came out to help with the Clean-Up Day on Saturday, April 6th! It was a huge success! We collected 58 bags of trash and 5 tires!! Wow! We even had some unusual pieces of trash: An old fire extinguisher, a work boot, and a tabletop to name a few.

The city of Fort Worth stated that they do the Clean-Up day twice a year. We would like for VOWS to participate in this each time. So if you missed it this time, be on the lookout for the next one. We would like to have more people to come out and help.

A special thanks to The Robbins Family, The Friar Family, The Haughton Family, The Rockhold Family, The Gajary Family, The Strain Family, Chanel, Cassidy, Jakson and Sam for helping out. We even had some volunteers from McKinney Bible Church that came out to help. If we missed anyone, please accept our thanks! You all ROCK!!!



### **Woodland Springs Homeowner's Association**

The purpose of a homeowners association (HOA) is to maintain, enhance and protect the common areas and interests of the subdivision or neighborhood. Individual homeowners, as members of the association, pay periodic assessments support & utilize neighborhood amenities (pond, pools, parks, tennis courts, etc.). The assessments pay for community expenses such as entrance monuments, landscaping, amenities like clubhouses, tennis courts, or walking trails, insurance for commonlyowned structures and areas, an on-site management company, or any other item delineated in the governing documents or agreed to by the homeowners' association.

Currently, the Advisory Committee, which is comprised of elected residents, is the intermediate group between the residents and the Board of Directors and Centurion American (VOWS developer). This will continue until full development of VOWS is completed. The sub-committees report to the Advisory Committee. All residents are invited to attend Advisory Committee meetings which are normally held the 4th Tuesday of each month at 6:30 pm at the Amenity Center on Timberland.

### May 2013 Advisory Committee Meeting Tuesday, May 28th, 6:30pm at the Amenity Center

### ADVISORY COMMITTEE MEMBERS

Cindy Dronette cdrontte@hotmail.com				
Frank Friar friar22@gmail.com				
Shirley Gansserespartners2@verizon.net				
Gerald Gifftthegiffts@gmail.com				
Brad Iversonawanaswrmd@msn.com				
Jason Lonerganjlone22@aol.com				
Peggy Lundquist -Wegner peggy_lundquist@yahoo.com				
David McNeildmcneil31@hotmail.com				
Jeff Michael michaeljt@gmail.com				

### SUB-COMMITTEE CHAIRS

Budget & Finance - Frank Friar friar22@gmail.com
Newsletter - Open vows.communications@gmail.com
Landscape/Grounds-Jim Houston vows.landscape@gmail.com
Pools - Openpools.at.vows@gmail.com
Safety/Security - Phoebe Saenzvows.safesecure@gmail.com
Events - Beth Sovereignevents.vows@gmail.com



### **CALENDAR OF EVENTS – MAY 2013**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			P90X 5:30 am <sup>1</sup> TARRANT COUNTY EARLY VOTING 8:00am-5:00pm	P90X 5:30 am <sup>2</sup> TARRANT COUNTY EARLY VOTING 8:00am-5:00pm	P90X 5:30 am 3 TARRANT COUNTY EARLY VOTING 8:00am-5:00pm VOWS COMMUNITY GARAGE SALE	4 VOWS COMMUNITY GARAGE SALE
TARRANT COUNTY EARLY VOTING 11:00am-4:00pm VOWS COMMUNITY GARAGE SALE	P90X 5:30 am <sup>6</sup> TARRANT COUNTY EARLY VOTING 7:00am-7:00pm	P90X 5:30 am <sup>7</sup> TARRANT COUNTY EARLY VOTING 7:00am-7:00pm	8 P90X 5:30 am Zumba 6:00pm Yoga 7:00pm Soul 8:00pm	9 P90X 5:30 am	10 P90X 5:30 am Woodland Springs/ Alliance Business Network 10:00am	11 MOTHER/SON FIELD DAY 12:00PM
12 Happy Mother's Day	13 P90X 5:30 am Yoga 12:00pm Fit Club 6:30pm Spanish Club 8:00pm	P90X 5:30am Homeschool 9:30am Drowning Prevention Program 6:00pm & 7:00pm	15 P90X 5:30 am Zumba 6:00pm Yoga 7:00pm Soul 8:00pm	P90X 5:30 am Drowning Prevention Program 6:00pm & 7:00pm	17 P90X 5:30 AM Scrapbook Night 6:30pm	18
19	20 P90X 5:30 am Yoga 12:00pm Fit Club 6:30pm Spanish Club 8:00pm	P90X 5:30am Homeschool 9:30am Drowning Prevention Program 6:00pm & 7:00pm	22 P90X 5:30 am Zumba 6:00pm Yoga 7:00pm Soul 8:00pm	P90X 5:30 am Drowning Prevention Program 6:00pm & 7:00pm	24 P90X 5:30 am	25
26	27 P90X 5:30 am Yoga 12:00pm Fit Club 6:30pm Spanish Club 8:00pm	P90X 5:30am <sup>28</sup> Homeschool 9:30am Drowning Prevention Program 6:00pm & 7:00pm	29 P90X 5:30 am Zumba 6:00pm Yoga 7:00pm Soul 8:00pm	P90X 5:30 am <sup>30</sup> Drowning Prevention Program 6:00pm & 7:00pm	31 P90X 5:30 am	



# Alliance Pediatrics

### Woodland Springs Location

Bruce D. Martin M.D. Jana Robertson M.D. 12461 Timberland Blvd, Suite 309 Forth Worth, TX 76244 Phone: **(817) 741-5437** Fax: (888) 400-5412

# Helping You Grow Healthy Children

- ★ Well & Sick care for children from birth to age 18
- $\star$  Minor emergency care
- ★ Ear Piercing
- ★ Seperate Sick & Well entrances
- $\star$  Prenatal consultation
- $\star$  Patient and parent education
- ★ Hearing and vision screenings
- ★ Routine immunizations

### Heritage Trace Location

**Scott Chowning M.D.** 4400 Heritage Trace Parkway Suite 208 Fort Worth, TX 76244 Phone: **(817) 741-5437** Fax: (888) 400-5412





www.Alliance-Peds.com www.facebook.com/alliancepediatrics