

March 2019

The Woodland WORD



Welcome to the VOWS
Page 3



Daddy Daughter Dance
Page 6



Code Blue Connection
Page 11



Donating Used Items Efficiently
Page 13



The Villages of
Woodland Springs
Homeowners' Association

The purpose of a homeowners association (HOA) is to maintain, enhance and protect the common areas and interests of the subdivision or neighborhood. Individual homeowners, as members of the association, pay periodic assessments, support & utilize neighborhood amenities (ponds, pools, parks, tennis courts, etc.). The assessments pay for community expenses such as entrance monuments, landscaping, amenities like clubhouses, tennis courts, or walking trails, insurance for commonly-owned structures and areas, an on-site management company, or any other item delineated in the governing documents or agreed to by the homeowners' association.

Board Members

President.....	Tony DeVito
Treasurer/Secretary	Frank Friar
Member	Frank McArthur
Member	Chris Collins
Member	Chad Pack

The Villages of
Woodland Springs
Homeowners' Association

The Villages of Woodland Springs Homeowners Association Professionally Managed by FirstService Residential



FirstService
RESIDENTIAL

FirstService Residential

Customer Service: 877-378-2388

Please use this telephone number to report all non-emergency complaints and information.

On-Site Management Team:

Craig Asaff, General Manager
Craig.Asaff@fsresidential.com

Claudia Lindsey, Assistant General Manager
Claudia.Lindsey@fsresidential.com

Jessica Chandler, Administrative Assistant
Vows.Admin@fsresidential.com

VOWS Office email - vows.admin@fsresidential.com

The On-Site office is located at the Amenity Center at
12209 Timberland.

On-Site Hours: Monday- Friday 9am-6pm
Saturdays 10am-4pm

On-Site Number: 817-741-1719

On-Site Fax: 817-741-1720

Account Services: 877-378-2388

www.woodlandspringshoa.com



At FirstService Residential we have very strong values!

We strive to meet these values every day for our residents and hope you will join us in recognizing those individuals who go above and beyond in delivering great customer service.

- ▶ Have you witnessed an associate doing something great?
- ▶ Have you been exceptionally pleased with the service you have received?
- ▶ Do you want to let others know how awesome someone is?

Help us show recognition to our Star Performers. Please email your feedback to starserviceonsite@fsresidential.com. Be sure to list the Star performers' name and community. Thank you for allowing us to serve you.

Your HOA Management Team



FirstService
RESIDENTIAL

The Woodland Word

Is the only authorized and official monthly publication for the residents of the Woodland Springs Community with news and a calendar of community events endorsed by the Woodland Springs HOA & its members.

PUBLISHED BY

Community News Connection, Inc.
906 W. McDermott Dr., Ste. #116-352 • Allen, TX 75013
972-396-8855 • www.communitynewsconnection.com

ADVERTISEMENT SALES

For information or to place an advertisement
972-396-8855 • info@communitynewsconnection.com

**Advertising Deadline for the April 2019 Issue
Is February 28, 2019**

Woodland Springs and Community News Connection (CNC) do not in any way endorse or support, nor does it take any credit or responsibility for any of the services, paid or volunteer, listed herein. The Woodland Word is not paid for by the home owners' dues and is not funded by the HOA in any way. The Woodland Word is not a negative publication. It is a community publication created to inform and serve the community. The Woodland Word strives to report only good news; we do not allow articles on politics, religion, controversial topics or any editorials. We also reserve the right to refuse any advertiser or article submission that we feel is not right for this "community philosophy" or not a good fit for this publication.



WELCOME TO THE VILLAGES OF WOODLAND SPRINGS.

Welcome to The Villages of Woodland Springs. We are pleased you have chosen this community as your home!
As a resident, you have the power to make an impact on your community.

The Villages of Woodland Springs has many opportunities for you to use your special skill to enhance the community by serving on one of our many committees; Safety Committee, Landscape Committee, Social Committee, Communications Committee, Pool Committee, and Budget, Finance, and Expenditure Committee.

The Board of Directors consist of homeowner volunteers committed to making decisions that are in the best interest of the community.

The Villages of Woodland Springs has six pools, an amenity center available for rental, tennis, and basketball courts, a roller hockey rink, and numerous trails and ponds. To access the amenities, you will need to pick up a pool card at the main office located at 12209 Timberland Blvd., Fort Worth, TX 76244. This is also a great opportunity to meet the office staff.

To stay up to date on events and information regarding your neighborhood, we encourage you to attend monthly Board Meetings, and visit our website, www.woodlandspringshoa.com. You may also receive email updates by submitting your email to vows.admin@fsresidential.com

This is your community! If you see something concerning, such as maintenance issues, violations of the covenants, or safety issues please inform the office staff!

Craig Asaff, General Manager - Craig.Asaff@fsresidential.com

Claudia Lindsey, Assistant Manager - Claudia.Lindsey@fsresidential.com

Jessica Chandler, Administrative Assistant - Vows.Admin@fsresidential.com

817-741-1719

Save the Date!

If you are not currently receiving emails from the HOA, please email us so that we can add you to the list:
vows.admin@fsresidential.com

March 2019 Upcoming Events:

March 7th.....	Scrapbook Night
March 12th.....	Volunteer Egg Stuffing
March 14th.....	Daytime Crafters
March 14th.....	Volunteer Egg Stuffing
March 16th.....	NFWA Meeting
March 20th.....	OWLS Potluck
March 26th.....	Board Meeting
March 26th.....	2019 Cowtown Great American Cleanup
April 6th.....	Egg Hunt

Our Services

- Vaccinations
- Emergency Care
- Dental Care
- Orthopedic Care
- Spay & Neuter
- Hospital Care
- Surgical Care
- Pet Allergies
- Laser Therapy

\$40 OFF
New clients only



OPEN LATE for your convenience

Office Hours:
Monday - Friday 7am - 10pm
Saturday 8am - 6pm
Closed Sunday

817-431-3735 • www.WSVH.net
11715 Alta Vista Rd. • Fort Worth, TX 76244



*Striving to Promote
Healthy Pets
Through Highly
Educated Owners*

Ken Slough, DVM | Beth Loter, DVM
Jennifer McCutcheon, DVM | Lauren Carroll, DVM



City of Fort Worth

Get connected and stay informed about city services and programs

The City of Fort Worth is launching a new information delivery service to help you get connected to your city government and stay informed about services and programs.

With the addition of this new GovDelivery platform, subscribers can choose the topics they wish to read about and determine when and how often these topics are delivered to them. Daily and weekly digest of information will be available.

All city departments will be using GovDelivery as their mechanism for news and information to residents. No content is going away – it will just look a tad different and be delivered in a new, more convenient format.

If you are an existing subscriber or member of a city email list, we have transferred your email to this new program.

Visit the subscriber preference pages at the link below to manage your subscription, sign up for new topics and tell us how often you want to receive updates so you continue to receive important community news.

<https://public.govdelivery.com/accounts/TXFTWORTH/subscriber/new>



COVENANT CORNER

Spring is approaching and many Texans are taking advantage of the beautiful weather. Regular exercise and outdoor activity are essential to healthy and happy lifestyles. As a resident of VOWS you have access to many outdoor amenities such as walking trails, ponds, pools, playgrounds, tennis court, basketball court and a roller hockey rink. For the safety of children in our community please see the rules and regulations on athletic and sports equipment within the community.

5.3.12 Athletic & Sports Equipment. Portable (not attached) pole-style basketball hoops and other athletic/sports equipment will be allowed on the Property provided they comply with the following requirements:

- Must not be placed in a location that causes play to occur in the street.
- Cannot block the sidewalk.
- May not be placed in the street however temporary use in cul-de-sacs is permissible
- Must be kept in good condition at all times:
 - Nets replaced when tattered
 - Poles painted as needed
 - Backboards not broken or cracked



ONE WEEK FREE!

Educational Childcare with a Purpose!

**Ages 6 Weeks to 12 Years • Nationally Acclaimed Curriculum
Live Internet Video • Before & After School Transportation**

Betty Perot, Caprock, Hughes, Independence, Kay Granger, OA
Peterson, Ridgeview, and Woodland Springs Elementary Schools

LighthouseKeller.com • 817-337-4000

11845 Alta Vista Road in Keller, 76248

Restrictions apply, see Center Director for details. Offer valid only once per family at Children's Lighthouse Woodland Springs location only.

DFWHS Pet of the Month

Meet Kiko!

Hi there! I'm a 2-year-old sweet, friendly, well behaved boy who wants a family to love. Most dogs my age are active, but I'm quite laid back. I will be the one in the kennel not jumping up and down and barking when you walk by. I'm more the silent type. I do love meeting new people, and I can't wait to meet my new family. Maybe a home with room to run and play. Maybe a family that wants to go for walks. Maybe a lap to nap in. I'm here. I'm ready. Let's meet— at DFW Humane Society (www.dfwhumane.com)



Kiko is ready for his loving forever home and includes the following:

- Spay/Neuter
- Leukemia test
- FVRCP Vaccination
- General deworm
- Microchip
- Microchip Enrollment
- Free Exam within 10 days of adoption
- Temporary carrier to transport

**If you'd like to express interest in adopting Kiko, please contact us at
www.dfwhumane.com/ or call 972-721-7788**

STOP & SMELL THE ~~ROSES~~ *Texas Bluebonnets*

In 1901 Bluebonnets were adopted as the official State Flower of Texas. Dark blue, almost purple flowers with stark white centers arranged in dense clusters are found along Texas highways, roads, fields and pastures. These beautiful wildflowers bloom from March to May.

The Texas Hill Country is known for their abundance of bluebonnets. From Austin, on almost every highway leading out of town, the roads and highways are lined with miles of bluebonnets. The Texas Hill Country towns like Marble Falls, Burnet and Brenham are recognized as excellent places to view bluebonnets with many other fun sights to see along the way.

Closer to North Dallas is the town of Ennis, Texas which is home of the "Official Texas Bluebonnet Trail" since 1997, just 60 miles on Highway 75/45. April 1st through April 30th, the Ennis Garden Club sponsors 40 miles of mapped driving trails for viewing and photographing Texas bluebonnets. Many of these

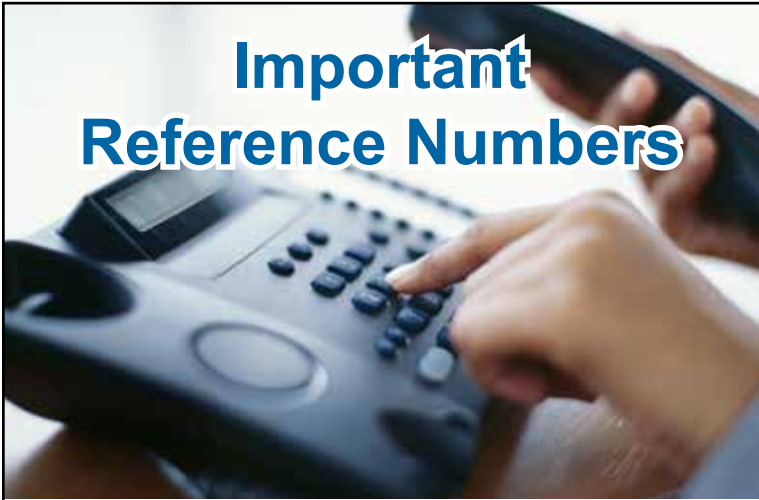


trails are the oldest in the state and visitors from all around make their way to Ennis to see this gorgeous display of wildflowers. The Ennis Garden Club works in conjunction with the Ennis Visitors Bureau (open 7 days a week) for the latest status of blooming insuring visitors are well informed to the best trails. Ennis has also launched a free mobile app for iPhone

and Android called "Ennis Y'all". The app features the bluebonnet trail map using GPS locations as well as directory of restaurants, shops, events and more.

Before you set off on a bluebonnet trail this spring, be sure to search www.wildflowerhaven.com for wildflower reports and sighting for the entire state of Texas.

Important Reference Numbers



Important Reference Numbers

Animal Control.....	817-392-1234
Code Enforcement.....	817-392-1234
Fire (non-emergency).....	817-922-3000
Graffiti.....	817-392-3670
Police (non-emergency).....	817-392-4222
Trash/ Recycle.....	817-392-1234
Water.....	817-392-4477
VOWS (onsite office).....	817-741-1719
VOWS (after hours).....	877-378-2388



Thank you to all who attended the February 2019 Annual Meeting. There was a great turnout.

Congratulations to Frank McArthur, Chris Collins, and Chad Pack who were elected to serve on the Board of Directors for 2019.

Daddy Daughter Dance



The Daddy Daughter Dance was absolutely stunning all thanks to the Events Committee and volunteer neighbors and students from Timbercreek High School. Dads and daughters danced the night away to DJ Kam, enjoyed a delicious dinner, a photobooth from Endersby Photography, a candy bar, and a craft.



PERFECT EYE SURVEILLANCE

- 4 Cameras
- 24/7 Recording NVR with Hard drive
- Computer & mobile device viewing
- 19" Monitor
- Email & Text alerts
- Professionally installed

Limited Time
\$300 OFF
Savings



Free Demo • 469-248-7093
WWW.PERFECTEYESURVEILLANCE.COM

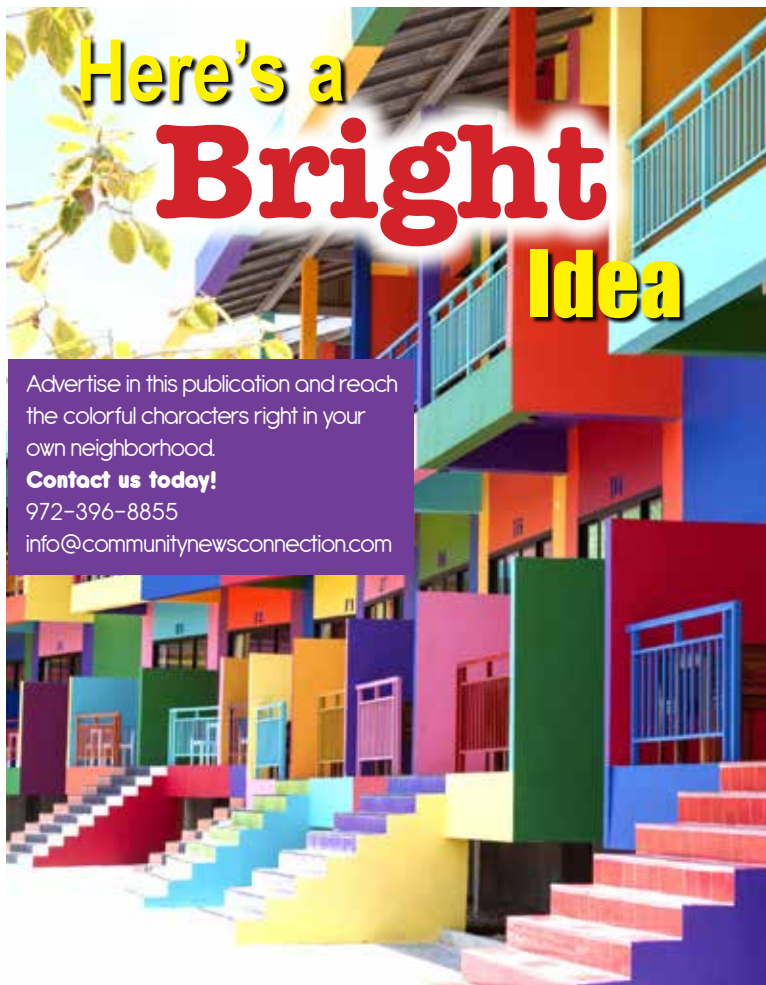
Here's a **Bright** Idea

Advertise in this publication and reach the colorful characters right in your own neighborhood.

Contact us today!

972-396-8855

info@communitynewsconnection.com





WELLNESS FAIR

The Villages of Woodland Springs is hosting a Wellness Fair May 11th, 2019. VOWS has partnered with physicians within the community to provide education and activities for VOWS residents. The Events Committee is also partnering with Carter BloodCare to host a blood drive to benefit those like the precious child mentioned below. More details will be released via email in the coming days. We hope you will take the time out of your schedule to attend this not only fun, but important event. If you do not receive emails from the office staff please email vows.admin@fsresidential.com. For more information on partnering with VOWS on this, or future events, please contact Claudia.Lindsey@fsresidential.com.



Meet Lola Catron (1)

Diagnosis: Double Inlet Single Left Ventricle Hypoplastic Aortic Arch with an Atrial Septal Defect

Lola was born with CHD on October 4th 2016. Within the first 3 days of life she had her first Open Heart Surgery (OHS), the Norwood Procedure. The first 5 weeks of life were very touch and go for Lola, but she came out strong in the end. On Christmas day Lola's heart function started declining fast and she was hospitalized for the third time. On January 3rd Lola had her second OHS, the Glenn Procedure. Despite these invasive procedures Lola's CHD journey is far from over. She will have a third OHS the summer before her third birthday, and a Heart Transplant later in life. This is a disease Lola will face for the rest of her life. But with more awareness and better funding for research we can help children like Lola have a future.

LOVE FOR HUMANITY

January 15th - August 28th 2019

The City of Fort Worth invites residents to express Love for Humanity during the Kindness Campaign January 15th – August 28th 2019.

There are many ways to recognize the life and legacy of Martin Luther King Jr., but none as important or meaningful as making a personal commitment to move forward rooted in the ideals of King's legacy: Crossing racial and cultural divides, through service and kindness, based on the philosophy of nonviolence.

The Fort Worth Human Relations Commission's Diversity & Inclusion Committee, in collaborating with the city's MLK/June-teenth Employee Committee, launched Love for Humanity: 51 Acts of Service or Kindness.

The months-long campaign is open to all Fort Worth residents.

Residents who pledge agree to complete 51 acts of kindness or community service over the coming months, culminating on Aug. 28, the day that King delivered his "I Have A Dream" speech.

The objective is to raise awareness in ourselves and each other, to remember that intentional acts — large and small — are significant, meaningful and the best way to connect with the Fort Worth community.

Learn what kind of acts qualify for Love for Humanity.



INDOOR WATER CONSERVATION TIPS

You can reduce your water consumption by 20-40 percent without purchasing expensive equipment. Reducing water use can mean substantial savings on water, sewage and energy bills. The following suggestions will help you get in the habit of saving water...

KITCHEN

- Avoid the garbage disposal. It uses a lot of unnecessary water and can lead to problems with septic systems. Start a compost pile instead!
- Run automatic dishwashers only with a full load.
- When washing dishes in the sink, use one side of the sink or a large bowl for rinsing, rather than running water.
- Keep a container of water in the refrigerator for cold drinks. If you have to run your tap while waiting for cold water, collect running water in pitcher for later use.



BATHROOM

- Install a low-flow aerator on your showerhead and sink. These devices can be purchased at a hardware store and are easy to install. They reduce flow to approximately three gallons per minute instead of the usual five to 10 in a shower.
- Turn off tap water while brushing your teeth or shaving.
- Take shorter showers. During droughts, turn off water while soaping up.



Remember, when you use less water, you are also using less energy, leading to even greater savings. Visit www.auduboninternational.org for more conservation tips.

COMMUNITY ACTIVITIES

*If you'd like to inform residents of a club, group, hobby, or interest, let us know - email the management office at vows.admin@fsresidential.com with the subject **ACTIVITIES**. Only residents who are current with VOWS HOA assessments may participate. All meetings below are at the Amenity Center unless otherwise noted. Please note that scheduled activities or details may change after The Woodland Word goes to print, but up-to-date info can be found at: www.woodlandspringshoa.com/community-events-calendar/*

VOWS OWLS

Over 50? Meet fun folks at our weekly event. Bingo, card games, exercise classes and potlucks are just a few of the future activities planned. Our goal is to bring together senior residents in our community for fun activities. Meets every Wednesday at 10:00 AM in the Amenity Center.

DAYTIME CRAFTERS

Crafters group that meets monthly at the Amenity Center. Open to anyone in the HOA. Bring any project you want to work on or just come and see what others are doing. Bring your own food and drink and feel free to come and go at any time. This is a great opportunity to meet your neighbors, share ideas and have fun. Email Janas Horner at janashorner@earthlink.net for more information.

ADULT INTERNATIONAL FRIENDS ENGLISH CLASSES

Meet new friends as you learn English! Classes are available at beginning, advanced beginning, and intermediate levels. Focus is on vocabulary, grammar, and conversation as well as on learning everyday tasks like banking, shopping, making appointments, and completing job applications. Students from varied backgrounds and language groups are welcome. Contact Dorothy O'Grady (817.337.7458) or Lawrence Duhon (817.431.2545) to register. Location: First Baptist Church of Keller, 225 Keller Parkway, Keller, TX 76248, Room 224. Fee: \$5 total for class book and workbook.

VOWS BOOK CLUB

Meets the second Thursday of the month at 8:00 pm. Books are nominated and voted on by members. Add yourself to the Facebook group "woodland springs book club" for more information.

WALKERS/RUNNERS/BIKERS/TRI-ATHLETES

Saturdays 6:30 am; meet at Bray Birch Park to go for a walk, run, or bike ride. Walkers/Runners are diverse in experience.

HOMESCHOOL GROUP

VOWS residents who homeschool children are invited to join the homeschool group, created to support each other. Please contact Holly Bender by email at vowshomeschool@gmail.com with HOMESCHOOL in the subject line.

PLAYGROUP

Bray Birch Park after school 3:00 pm. Everyone is welcome!

TODDLER PLAYGROUP

Playgroup for preschool age children. Please go to the VOWS Facebook page at facebook.com/woodland.springs and search "VOWS Playgroup in the search box for more information on this group.

CRAFT NIGHT

VOWS hosts a craft night each month – see calendar for date. Admission is an item to share for the potluck meal; please bring your own drink. (No alcohol). For more info: dikes1@aol.com with the subject "CRAFT NIGHT".

THE COWTOWN STACKERS CUP STACKING CLUB

This group meets Thursdays from 5:00 pm -6:00 pm at the VOWS amenity center on Timberland Blvd. Stackers from ages 5-95 with skill levels from beginner to expert are invited to attend. Cost is free but please bring your own cups, timer, and stack mat. For more information, contact Jimmy and Carmen Griffith at jcgx4@sbcglobal.net.

LEE AIR SERVICES

Family owned Heat & Air Conditioning Company
Serving DFW Since 1979

- 24/7 Repair Service
- Free New System Bids
- We Except All Major Credit Cards.
- Financing Available For Qualifying Customers
- Retail Parts And Filters
- Service Agreements

Call TODAY

817-337-1975

Leeairservices.com

office@leeairservices.com

2390 Michael Drive • Southlake, TX 76092



TACL-A295C • TACL-A45504E • TAMU 1976



Don't forget to

**SPRING
FORWARD**

on March 10th

Set your clocks forward one hour for Daylight-Saving Time.

Coffee Grounds Are Worth Saving

Gardens, flowerbeds, plants and your lawn will look and be better when used coffee grounds are applied. It is easy, simply sprinkle coffee grounds around indoor and outdoor plants, add the grounds to potting soil or distribute directly on your lawn and water it in. Rhododendrons, hydrangeas and azaleas use the nitrogen and acid from the coffee grounds for amazing blooms. You can also add coffee grounds in your watering can for a nitrogen boost as you water.

Prevent ants, snails and slugs by using coffee grounds as a barrier around plants or apply to areas where these pests are known to frequent as a repellent. Another idea to rid your yard or patio of pests is to fill a jar with old coffee grounds, line the neck of the jar with doubled sided tape. The smell of the coffee will draw pests to the jar and the tape will trap them inside.

To sharpen your garbage disposal blades, merely run water in your sink and add one tablespoon of grounds to a running disposal.

When cleaning dishes and utensils, a teaspoon of old coffee grounds can be poured onto your dish cloth to scour grease and grime away.

Next time you wash your hands after cooking, cutting or dicing foods like garlic and fish, grab a small scoop of old coffee grounds, mix with soap, lather together in your hands to help remove the odors.

If you use real wood in your fireplace and know the mess of cleaning out the ashes, try scattering old coffee grounds over the ashes to cut down on the flying dust.

For an artsy antique looking piece of paper, soak an old cloth in a mixture of used coffee grounds and water then blot the edges of the paper with the cloth. Be sure you use an old cloth as coffee stains.

Coffee grounds will mold unless re-used within a day or two. To save coffee grounds, it is a good idea to dry them. Spread a very thin layer of coffee grounds on a cookie sheet, heat your oven to 350 degrees, then turn the oven off, place the coffee lined cookie sheet in the oven and leave overnight. Dry coffee will not mold and can be stored in containers for more uses!

Use dry coffee grounds to soak up odors in your shoes overnight and in the morning shake shoes over trash bin before wearing.



AMENITY CENTER RULES & REGULATIONS

Thinking of renting the Amenity Center for a party or event?

**Please call the office today at
(817) 741-1719 to reserve your spot.**

The Amenity Center can be rented by VOWS homeowners for their personal use. However, in the interest of maintaining the Center, avoiding extra work for the on-site staff, avoiding potential damages and keeping the Center in good condition, rules and regulations have been established for its use. A few rules are as follows: No Alcohol, no pets, and no fog machines. For a complete list of rules visit our website at www.woodlandspringshoa.com.

When each homeowner rents the Amenity Center, a contract must be signed signifying their understanding, acceptance, an agreement to follow the rules and regulations regarding the rental. Violation of any of these rental conditions is cause for denial of future rentals.

A deposit of \$500 is also required. This deposit will be returned in full after the event if the Amenity Center is cleaned, put in order, and determined to be damage-free. A list of the charges that will be deducted from the deposit for non-compliance is provided each renter at the time the rental contract is signed.

Each renter should take pictures and provide them to the office staff to verify the condition of the Amenity Center when the rental is started in order to avoid potential deductions from the deposit amount.

YOUR VOICE MATTERS!

As a resident of VOWS you are the most important piece of the puzzle!

We want to hear from you! What are your passions, interests and hobbies? How can the association best fit your needs and social interests? We are actively seeking new ways to enrich the lives of each resident. Please reach out to Claudia Lindsey at Claudia.Lindsey@fsresidential.com with your dreams for the future of VOWS. You may share a hobby or interest with many residents within the neighborhood. We would love to provide an opportunity for you to get to know your neighbors while enjoying the things you love.

We Build CONFIDENCE

As a parent, you understand that with educational success comes confidence. Our main focus is preparing your child with an advanced foundation and higher level skills. Kids 'R' Kids is the Smart Choice for a Smarter Child.

- 6 Weeks - 12 Years / 6:30 AM to 6:30 PM
- AdvancED Accredited Program
- Cohesive Team of Highly Trained Directors & Teachers
- Advanced Curriculums & Interactive Technology
- Assessments to Evaluate Progress
- Skills Reinforcement through ABCmouse.com to Build a Bridge between the Classroom and Home

817-337-0010 • www.krkkeller.com
4117 Keller Hicks Road, Keller, TX 76244

Kids R Kids
 Learning Academy

SMART CHOICE. SMARTER CHILD.®

CODE BLUE CONNECTION

FWPD Off Duty-Officers

Have you ever wondered what your HOA Dues pay for? Woodland Springs is one of the few neighborhoods that contract with FWPD to have Fort Worth Officers work as Off-Duty. You can't tell by looking at the patrol car or their uniform, since they drive the same patrol car and wear their regular uniform while they are here. They can make stops, write citations and work in full capacity while working Off-Duty. The only thing they can't do, is leave Woodland Springs.

The benefit to paying for Off-Duty Officers has been a tremendous advantage for Woodland Springs, since our population is that of a small city. They address crimes trends, speeding vehicles, curfew violators, reckless driving or a suspicious person/vehicle, just to name a few. The Off-Duty Officers can answer a call for service in VOWS with immediate response time. We have had some great success stories from the Off-Duty responding and apprehending suspects. Our Off-Duty have been instru-



mental in eliminating known drug houses and helped with the apprehension of the human trafficking situation on Yellow Wood Dr.

We also have a unique Vacation Watch program in VOWS. The resident can contact the Off-Duty Officers via email (www.police4vows@gmail.com) and request their home be watched while they are out of town. The Officer will go to the house and check the doors to make sure everything looks ok.

It's hard to put a price tag on having immediate response when an emergency oc-

curs. This is money well spent for the homeowner, since it is not only providing safety, it keeps our property values up, because the crime rates stay down. With the work from our Off-Duty and the volunteering of our Citizen's on Patrol, Woodland Springs continues to be one of the safest neighborhoods in North Fort Worth.

If you would like to know more about the Citizen's on Patrol Program, please contact Cindy Strause the North Division Code Blue Coordinator at Cindy.Strause@fortworthtexas.gov.

Mail Chime for Your Mailbox

*Know exactly
when your mail
is delivered!*

Tired of walking to your mailbox only to find that the mail has not been delivered yet? What if you could be alerted when your mail is actually delivered? With a Mail Chime Wireless Mail Alert System you CAN know instantly when you have mail in your mailbox.

Mail Chime Wireless Mail Alert System comes with a Sensor and a Receiver to signal you with four beeps once your mail has been delivered. There is a red LED light for visible notification as well if you miss hearing the beeps.

Mail Chime Wireless Mail

Alert System is simple to install and works with curbside, slot and wall mounted mailboxes. You simply mount the Sensor directly to the door or slot of your mailbox and then plug the Receiver into an electrical outlet inside your home. It is that easy!

So, when the weather is bad and you do not want to go to your mailbox several times a day or when you are expecting a specific letter or mail, you can hear, see and know you have mail right away with Mail Chime Wireless Alert System. For more information or to order go to MailChime.com or Amazon.



BIG Tips for small Fixes



Do-it-yourself projects can be immensely rewarding, but even a small repair can turn into a more frustrating and time-consuming job when you encounter unexpected problems. Here are some easy tips for tackling common home hardware problems that will leave you with a sense of accomplishment rather than a sense of frustration:

- **Loose Screws:** If a screw is so loose that it's barely gripping, remove it, wrap its threads with a few strands of steel wool, and screw it back into its old hole.
 - If a screw has been ripped out of its hole entirely and the hole is too big for the threads to gain hold, slide a wooden match into the hole and then replace the screw.
- **Tight Screws:** Twisting screws into a bar of soap first makes them easier to insert. A few drops of white vinegar will help remove stubborn screws from a metal surface.
- **Better Grips:** Improve your grip by wrapping a thick rubber band around the plastic handle of a screwdriver. This makes tightening and loosening screws less strenuous.
- **Hammer Help:** When hammering a small nail, brad or tack, slip the fastener between the teeth of a pocket comb to protect your fingers from the hammer's blow. Don't have a comb handy? You can also use a bobby pin, a paper clip or tweezers to hold the nail.
 - When hammering a nail in a tight spot or hard-to-reach corner, a bit of modeling clay or chewing gum will hold the nail in place for the first couple of blows.
- **Rusted Nuts and Bolts:** Removing a rusted nut or bolt can be an especially frustrating task. Pour hydrogen peroxide, lemon juice or cola over the rusted fastener and wait half an hour. The mild acid will dissolve the rust enough for the nut or bolt to turn freely.
- **Rusted Tools:** Working with rusted tools makes any job more difficult. Clean off the rust by rubbing a paste of six parts salt and two parts lemon juice on the rusted areas with a dry cloth, then rinse and dry thoroughly.



2019 Cowtown Great American Cleanup

The Villages of Woodland Springs will be participating in the 2019 Cowtown Great American Cleanup. Let's clean up Fort Worth this year!

The cleanup will begin at 8 a.m. on Saturday, March 30th. at 12301 Woodland Springs Dr. Fort Worth, TX 76244 (slide pool park).

Please register at www.eventbrite.com/e/2019-cowtown-great-american-cleanup-registration-55661989509?team_token=2247922-1o821.

The first 50 participants will receive a free t-shirt!



VOWS Safety/Security Committee: VACATION HOUSE CHECKS

Planning to be out of town? Even with a neighbor or a friend watching the house, it's a good idea to contact the VOWS Off Duty Officers to come do a Vacation House Check. (available year round)

Homeowners just need to email them a week in advance, please include the details of the attached sheet, you'll get a response it was received. They really need at least a week to hear from you in case more info needed, so don't wait until the last minute to email them!

Off Duty Officers that VOWS hires will come by and check on the house, NOT just drive by. They will check the door, etc.

Just email : Police4VOWS@gmail.com

Space for Sale

Call 972-396-8855 or email

info@communitynewsconnection.com for ad rates and sizes.





How to Donate Used Items Efficiently

Spring cleaning is right around the corner, and for many homeowners that could mean out with the “old” and in with the “new” — but what to do with the “old” when it’s not quite ready for the landfill? Donating used items is a great option as long as you do a little homework to find out which local organizations and donation centers are most appropriate for the items you’d like to give away. Use the following tips as a guideline for determining what goes where and how to get it there.

- **Many items are eligible for donation.** You might be surprised to learn exactly what items you can donate. In addition to clothing and furniture, cars, cell phones and other electronics, fitness equipment, home appliances—even art supplies and old towels—are widely accepted by specialized organizations. If you’re looking to donate a unique item, or several of the same items in bulk, do some further research about local organizations and donation centers in need of specific things.
- **Consider what shape your items are in to determine where you donate.** If you’re planning to donate a broken refrigerator, make sure the organization is aware the item is in need of repair. Some donation centers accept broken items for parts; however, most organizations and donation centers prefer to accept gently used items in working condition. Be sure to communicate the item’s condition prior to arranging a donation.
- **After choosing where to donate, decide how you’ll get the items to the organization.** Oftentimes large organizations and donation centers are able to arrange a day and time to pick up your unwanted items directly from your home or business. Smaller organizations in need might instead have certain days and times available for you to arrange a drop off at a specified location.
- **Make sure to get a donation receipt for tax purposes.** Before donating, make a detailed list of the items you’ll be giving away along with the estimated values. Keep in mind that, since the items are used, price points might be lower than expected. When your items are picked up or dropped off, request a receipt from the organization or donation center to keep track of what to count as a tax deduction. Speaking with a tax professional for advice also is a good idea.

Yard of the Month



Congratulations to the homeowners at 3009 Waterfall for the Most Beautiful Yard in VOWS for February 2019. The Homeowners received a \$30 gift card courtesy of The Flower Ranch @ 901 S. Pearson Lane, Keller, a yard sign designating them Yard of the Month, and of course, bragging rights! Thanks for making VOWS a beautiful place to live!

If you would like to nominate someone for yard of the month, please email vows.admin@fsresidential.com



NOTARY ON SITE

Notary Public services are now at the VOWS HOA office. Services are provided by appointment only.

Please call or send an email to claudia.lindsey@fsresidential.com to schedule and appointment.

Services are free to VOWS residents.

Good Breakfasts choices for your kids

Traditional breakfast food doesn't have to be the only food for breakfast. Give your kids food they like such as last night's left over dinner, a turkey sandwich or celery with peanut butter. Anything can be good for breakfast as long as it helps maintain a healthy diet.

If your kids like muffins, find a recipe that uses zucchini and carrots in the ingredients then spread almond butter and serve with a glass of milk. If your kids love cereal that contains sugar, mix in a whole-grain packed brand of cereal to the sugary brand. Help them make healthy trade-offs.

Kids need nourishment for their growing

bodies. If your child is active in sports they need calories and protein to keep them fueled and focused. Protein choices for breakfast are nuts, sliced meats and cheese, eggs and yogurt.

Most mornings are hectic, so even when you are in a hurry, you can help your children make healthy choices. Many breakfast ideas can be prepared the night before, such as an egg muffin made in muffin pan, healthy granola and fruit to add to yogurt, cut up vegetables to add to omelets, chop fruit for blending a smoothie and trail mix in individual packages to take on the go.



egg muffin



smoothie



As a nonprofit hunger relief organization, we distribute donated, purchased and prepared foods through a network of more than 340 Food Assistance Partners in 13 counties. Every day, we support the nutritional needs of children, families and seniors through education, advocacy and strategic partnerships.



North Texas Food Bank
4500 S. Cockrell Hill Road
Dallas, TX 75236-2028
214.330.1396
ntfb.org



Reach Your Neighbors! Advertise in this Magazine!



Contact Community News
Connection
for more information:

972-396-8855

info@communitynewsconnection.com

Apple's Screen Time

Have you checked your Screen Time yet on your Apple device? Recently, Apple added a Screen Time section to the Settings on iPhones and iPads in order to give insight and control on your actual screen time. The effects of the amount of time people spend on Twitter, Instagram, Facebook and other apps is still undetermined. However understanding your usage could be the



beginning of determining effects for you personally with a detailed report of daily and weekly activities.

To get to Screen Time, go to

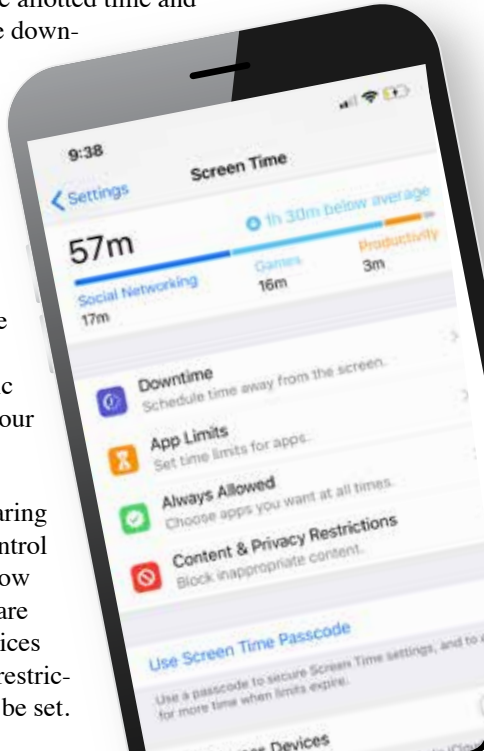
Settings, then choose Screen Time, touch the graph where you will find detailed information on the amount of time you spend on specific apps, how many times you pick up your phone per hour, the times of day you use your phone and more. This is a great way to check yourself and see what is really happening on your phone, as you might not even realize how much time you spend on your device and certain apps.

Screen Time has incorporated ways that can restrict and limit your time, if needed, in the sections Downtime and App Limits.

In the Downtime section, you can set a daily time when you do not want to be on certain phone apps (you choose which apps to set) but your phone calls will still be available. The device screen will dim for the allotted time and light back up once the downtime is completed.

In the App Limits section, you can limit yourself on apps that you feel you are spending too much time. To limit your apps, you choose a specific amount of time to use the specific app (s), such as one hour a day.

If you use Family Sharing there is a Parental Control Screen Time, to see how much time your kids are spending on their devices and determine if any restrictions or limits should be set.



Insulated Garage Doors

As energy costs go up, many homeowners look for ways to make their homes more efficient and lower costs. One way to lower costs and improve energy use in your home is to install insulated garage doors. An attached garage that is not sealed or insulated may actually be a significant link in high energy costs.

Since garages are not considered actual living spaces, building standards are lower. As a result, garages have gaps and some air leakage making them the least efficient part of your home. This could mean that the rooms sharing a wall with your garage may allow cold air in and heat out in winter.

Besides lowering energy costs, insulated garage doors are sturdy and stronger than ordinary single layer garage doors. An insulated garage door frame is usually steel or aluminum filled with insulation then sandwiched between door panels, creating a much durable garage door.

An added benefit to replacing your garage doors with insulated doors is that they are much quieter especially to the walls attached to the garage. Insulated doors are layered tightly together and are often heavier making them less likely to vibrate on the garage door track.

Expensive items such as your car, lawn equipment and machinery in an insulated garage are more protected from freezing conditions. Freezing temperatures affect battery life, air pressure in tires and fluids in your car. If you store paint, cleaning and other supplies in your garage, an insulated door will help extend the life of these products.

And finally, if you use your garage for more than parking your car, such as woodworking or other hobbies, an insulated garage will be warmer in winter and cooler in summer.

Replacing your existing garage doors with insulated doors may cost more than single layer doors but the benefits and lower energy bills are a great investment in the future of your home.



ARMOR SELF STORAGE

YOUR Neighborhood Storage Facility

Located right outside Woodlands Springs

With every new rental you will receive:

- A FREE truck rental
- A FREE lock
- Friendly on site management
- Clean facility with wide driveways
- Fully gated with your own access code
- Competitive rates

Visit us at 808 Katy Road in Keller

817.431.3100 • www.armorselfstorage.net

CALENDAR OF EVENTS – MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 VOWS Homeschool Group	5	6 VOWS OWLS 10-11:30am	7 Cowtown Stackers 5-6pm Scrap Book Night 6-9pm	8	9
10	11 VOWS Homeschool Group	12	13 VOWS OWLS 10-11:30am	14 Daytime Crafters 10am-2pm Volunteer Egg Stuffing 11am-3pm Cowtown Stackers 5-6pm	15	16 NFWA Meeting
17	18 VOWS Homeschool Group	19	20 OWLS Potluck 6:30pm	21 Cowtown Stackers 5-6pm	22	23
24	25 VOWS Homeschool Group	26 Board of Directors Meeting 6:30pm	27 VOWS OWLS 10-11:30am	28 Cowtown Stackers 5-6pm	29	30 2019 Cowtown Great American Cleanup
31						

North Central Ballet
Celebrating Over 25 Years of Excellence!

Space is limited. Ages 2 through 10.

817-428-8232



Experience the NCB difference

One Month of FREE Ballet Lessons
 New students only. One study hour per week
 Registration fee: \$35.00

12077 Katy Rd, Ste 713
 Keller, TX 76248
www.northcentralballet.com
 @northcentralballet

N.T.M. Services, Inc.
 NORTH TEXAS MECHANICAL
 Lic # TACLA5328C
 Keller
 Residential & Commercial

1 FREE FILTER
 w/ purchase of
 1 Year Service Agreement
 (Max \$20.00 value - HE standard pleated only)
 Call For Details - Residential Only
 Mention This Ad For Discount
 Expires 4/30/19

24 Hour Emergency Service Available

**AIR CONDITIONING • ATTIC VENTILATION • SYSTEM REPLACEMENTS
 HEATING • FILTER SALES • INSULATION • SERVICE AGREEMENTS**

Call To Schedule Service Today!
817.482.1647
www.ntmserv.com

VISA, MASTERCARD, DISCOVER, AMERICAN EXPRESS

ACCREDITED BUSINESS, BBB, NATEC