

March 2020

# The Woodland WORD



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The Villages of  
**Woodland Springs**  
Homeowners' Association

The purpose of a homeowners association (HOA) is to maintain, enhance and protect the common areas and interests of the subdivision or neighborhood. Individual homeowners, as members of the association, pay periodic assessments, support & utilize neighborhood amenities (ponds, pools, parks, tennis courts, etc.). The assessments pay for community expenses such as entrance monuments, landscaping, amenities like clubhouses, tennis courts, or walking trails, insurance for commonly-owned structures and areas, an on-site management company, or any other item delineated in the governing documents or agreed to by the homeowners' association.

**Board Members**

Tony DeVito  
Jim Houston  
Chad Pack  
Nathan Watson  
Chris Collins  
Juan Vazquez  
Frank McArthur

The Villages of  
**Woodland Springs**  
Homeowners' Association

**The Villages of Woodland Springs Homeowners Association Professionally Managed by FirstService Residential**



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RESIDENTIAL

**FirstService Residential**

**Customer Service: 877-378-2388**

Please use this telephone number to report all non-emergency complaints and information.

**On-Site Management Team:**

Craig Asaff, General Manager  
Craig.Asaff@fsresidential.com

Claudia Lindsey, Assistant General Manager  
Claudia.Lindsey@fsresidential.com

Taunya Pair, Administrative Assistant  
Vows.Admin@fsresidential.com

VOWS Office email - vows.admin@fsresidential.com

The On-Site office is located at the Amenity Center at 12209 Timberland.

On-Site Hours: Monday- Friday 9am-6pm  
Saturdays 10am-4pm

On-Site Number: 817-741-1719

On-Site Fax: 817-741-1720

**Account Services: 877-378-2388**

**www.woodlandspringshoa.com**



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Your HOA Management Team



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**The Woodland Word**

Is the only authorized and official monthly publication for the residents of the Woodland Springs Community with news and a calendar of community events endorsed by the Woodland Springs HOA & its members.

**PUBLISHED BY**

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VOWS PRESENTS

FREE  
ENTRYANNUAL  
EGG HUNTMARCH  
28

Head out to Bray Birch Park  
from 10 – 12 on March 28th  
for an Eggcellent time!

Families will enjoy a petting zoo, music by DJ Kam, vendor booths, human foosball, bounce houses and inflatables. Egg hunts will be in age groups, with an additional silent egg hunt. The silent egg hunt is open to everyone, but limited to those egg hunters that will not be participating in the Ready-Set-Go style egg hunt.

## EGG HUNT SCHEDULE:

0-2 year olds at 11 a.m. • 3-5 year olds at 11:15 a.m. • 6-8 year olds at 11:30 a.m. • 9-12 year olds at 11:45 a.m.

*Save the Date!*

If you are not currently receiving emails from the HOA,  
please email us so that we can add you to the list:  
[vows.admin@fsresidential.com](mailto:vows.admin@fsresidential.com)

**March 2020 Upcoming Events:**

Egg Stuffing .....	March 10th
Egg Stuffing .....	March 12th
Daytime Crafters.....	March 12th
NFWA Meeting .....	March 21st
Egg Hunt.....	March 28th

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## AMENITY CENTER RULES & REGULATIONS

### Thinking of renting the Amenity Center for a party or event?

**Please call the office today at  
(817) 741-1719 to reserve your spot.**

The Amenity Center can be rented by VOWS homeowners for their personal use. However, in the interest of maintaining the Center, avoiding extra work for the on-site staff, avoiding potential damages and keeping the Center in good condition, rules and regulations have been established for its use. A few rules are as follows: No Alcohol, no pets, and no fog machines. For a complete list of rules visit our website at [www.woodlandspringshoa.com](http://www.woodlandspringshoa.com).

When each homeowner rents the Amenity Center, a contract must be signed signifying their understanding, acceptance, an agreement to follow the rules and regulations regarding the rental. Violation of any of these rental conditions is cause for denial of future rentals.

A deposit of \$500 is also required. This deposit will be returned in full after the event if the Amenity Center is cleaned, put in order, and determined to be damage-free. A list of the charges that will be deducted from the deposit for non-compliance is provided each renter at the time the rental contract is signed.

Each renter should take pictures and provide them to the office staff to verify the condition of the Amenity Center when the rental is started in order to avoid potential deductions from the deposit amount.

## COVENANT CORNER



### Pet Rules for HOA Harmony

Our association is proud to be pet-friendly, and we're happy your four-legged family members are part of our community. Of course, like any good neighbor, it's important that these pets don't create an unpleasant environment for everyone else. To avoid unnecessary disputes and potential rule violations, here are some guidelines owners should follow to ensure their furry friends continue to be a welcome addition to the neighborhood.

**Read the Rules:** While we welcome pets in our association, we have a few rules and requirements. Please check our website or the association's governing documents for more information.

Service animals are exempt from the association's pet requirements. However, please contact the board or manager to ask for an accommodation to keep a service animal. Proof of the service animal's training or a doctor's certification may be required.

**Keep it Clean:** No one wants to see, smell or accidentally step in the "gift" your dog left on the grassy common area. So when your dog needs to go, be sure to properly dispose of it, preferably in a pet waste disposal can. Not only will this keep our community looking better, but it will help keep ground water clean and help prevent the spread of fecal-borne diseases.

**Quiet Down:** Pets will be noisy from time to time. However, when loud barking or meowing becomes annoying to neighbors, it's time to help your pet become less talkative. First, try to find out what causes your pets to get vocal: Do they get noisy when they've been alone and bored all day and need some playtime? Have they gone through a stressful change in environment recently? Are they suffering from health issues? Do they simply like saying "hello" to every squirrel, person or car that passes by? When you've identified the cause, take remedial actions such as confining them to an area where they feel calm while you're away, removing or blocking as many stimuli as possible, exercising them more and spending more time with them. You can also take them to a professional or search online for tips on how to train your pets not to get too noisy.

**No Wandering:** For the safety of your pets as well as all residents, please do not allow your pets to roam unattended outside. Along with helping protect your pets, leashing your dog is the law.

## VOWS E-News Periodical



Check out our newest form of communication, an upgraded, eye catching e-blast specifically built for fast communication with all VOWS residents. If you are not currently receiving e-blasts from the office please sign up to not miss out on important news updates and events within VOWS. To sign up, email [Claudia.Lindsey@fsresidential.com](mailto:Claudia.Lindsey@fsresidential.com) with your name, home address and best contact email.



## Late Fees on Past Due Assessments

Semi-annual assessments are due on January 1st and July 1st each year. Please pay the full amount due by January 30th and July 30th respectively, or late fees will occur. Payments can be made online at ClickPay.com, the online payment provider for FirstService Residential. Homeowners can make one-time payments or set up monthly payments through ClickPay. Payments can be made by e-check (ACH) for free, or by credit/debit card for a small processing fee. Get started by creating your account at [www.ClickPay.com/FirstService](http://www.ClickPay.com/FirstService). For help getting started, visit [www.ClickPay.com/GetHelp](http://www.ClickPay.com/GetHelp) or call 1-888-354-0135.



### Late fee schedule as follows:

**30 Days late:** \$270.00 Dues + \$25.00 1st Late fee + \$15.00 Reminder Notice = \$310

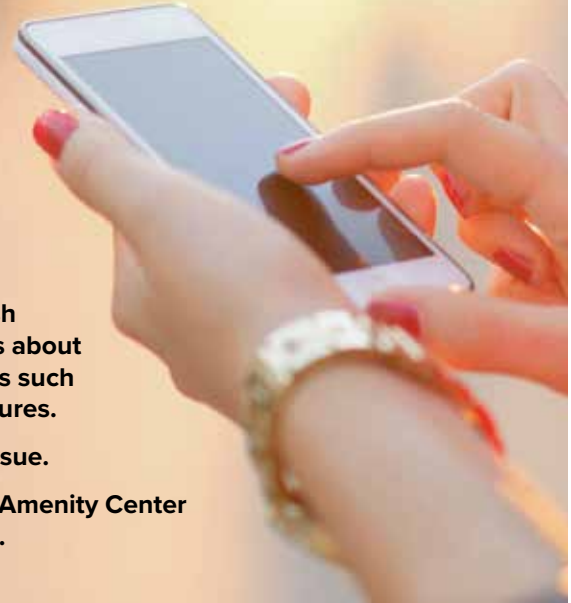
**60 Days late:** \$310 Balance + \$25.00 2nd Late fee + \$15.00 Second Notice = \$350

**90 Days late:** \$350 Balance + \$25.00 3rd Late fee + \$80.00 Demand Letter = \$455

A late fee of \$25.00 will be applied each month until the balance exceeds \$800.00. Once the balance exceeds \$800.00, the account will be transferred to the attorney for collection and homeowner will incur substantial additional legal expenses.

## GET CONNECTED!

Download the MyVOWS app in the App store or Google Play today!



- Stay up to date on the latest news.
- Receive push notifications about emergencies such as pool closures.
- Report an issue.
- Request an Amenity Center Reservation.

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Restrictions apply, see Center Director for details. Offer valid only once per family at Children's Lighthouse Woodland Springs location only.

## COMMUNITY ACTIVITIES

*If you'd like to inform residents of a club, group, hobby, or interest, let us know - email the management office at [vows.admin@fsresidential.com](mailto:vows.admin@fsresidential.com) with the subject **ACTIVITIES**. Only residents who are current with VOWS HOA assessments may participate. All meetings below are at the Amenity Center unless otherwise noted. Please note that scheduled activities or details may change after The Woodland Word goes to print, but up-to-date info can be found at: [www.woodlandspringshoa.com/community-events-calendar/](http://www.woodlandspringshoa.com/community-events-calendar/)*

### VOWS OWLS

Over 50? Meet fun folks at our weekly event. Bingo, card games, exercise classes and potlucks are just a few of the future activities planned. Our goal is to bring together senior residents in our community for fun activities. Meets every Wednesday at 10:00 AM in the Amenity Center.

### DAYTIME CRAFTERS

Crafters group that meets monthly at the Amenity Center. Open to anyone in the HOA. Bring any project you want to work on or just come and see what others are doing. Bring your own food and drink and feel free to come and go at any time. This is a great opportunity to meet your neighbors, share ideas and have fun. Email Janas Horner at [janashorner@earthlink.net](mailto:janashorner@earthlink.net) for more information.

### ADULT INTERNATIONAL FRIENDS ENGLISH CLASSES

Meet new friends as you learn English! Classes are available at beginning, advanced beginning, and intermediate levels. Focus is on vocabulary, grammar, and conversation as well as on learning everyday tasks like banking, shopping, making appointments, and completing job applications. Students from varied backgrounds and language groups are welcome. Contact Dorothy O'Grady (817.337.7458) or Lawrence Duhon (817.431.2545) to register. Location: First Baptist Church of Keller, 225 Keller Parkway, Keller, TX 76248, Room 224. Fee: \$5 total for class book and workbook. Now offering citizenship classes.

### VOWS BOOK CLUB

Meets the second Thursday of the month at 8:00 pm. Books are nominated and voted on by members. Add yourself to the Facebook group "woodland springs book club" for more information.

### WALKERS/RUNNERS/BIKERS/TRI-ATHLETES

Saturdays 6:30 am; meet at Bray Birch Park to go for a walk, run, or bike ride. Walkers/Runners are diverse in experience.

### HOMESCHOOL GROUP

VOWS residents who homeschool children are invited to join the homeschool group, created to support each other. Please contact Holly Bender by email at [vowshomeschool@gmail.com](mailto:vowshomeschool@gmail.com) with HOMESCHOOL in the subject line.

### PLAYGROUP

Bray Birch Park after school 3:00 pm. Everyone is welcome!

### TODDLER PLAYGROUP

Playgroup for preschool age children. Please go to the VOWS Facebook page at [facebook.com/woodland.springs](https://facebook.com/woodland.springs) and search "VOWS Playgroup in the search box for more information on this group.

### CRAFT NIGHT

VOWS hosts a craft night each month – see calendar for date. Admission is an item to share for the potluck meal; please bring your own drink. (No alcohol). For more info: [dikes1@aol.com](mailto:dikes1@aol.com) with the subject "CRAFT NIGHT".

### THE COWTOWN STACKERS CUP STACKING CLUB

This group meets Thursdays from 5:00 pm -6:00 pm at the VOWS amenity center on Timberland Blvd. Stackers from ages 5-95 with skill levels from beginner to expert are invited to attend. Cost is free but please bring your own cups, timer, and stack mat. For more information, contact Jimmy and Carmen Griffith at [jcgx4@sbcglobal.net](mailto:jcgx4@sbcglobal.net).

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from the Community News Connection



## City of Fort Worth

Get connected and stay informed about city services and programs

The City of Fort Worth is launching a new information delivery service to help you get connected to your city government and stay informed about services and programs.

With the addition of this new GovDelivery platform, subscribers can choose the topics they wish to read about and determine when and how often these topics are delivered to them. Daily and weekly digest of information will be available.

All city departments will be using GovDelivery as their mechanism for news and information to residents. No content is going away – it will just look a tad different and be delivered in a new, more convenient format.

If you are an existing subscriber or member of a city email list, we have transferred your email to this new program.

Visit the subscriber preference pages at the link below to manage your subscription, sign up for new topics and tell us how often you want to receive updates so you continue to receive important community news.

<https://public.govdelivery.com/accounts/TXFTWORTH/subscriber/new>



## VOWS Safety/Security Committee: VACATION HOUSE CHECKS

Planning to be out of town? Even with a neighbor or a friend watching the house, it's a good idea to contact the VOWS Off Duty Officers to come do a Vacation House Check. (available year round)

Home owners just need to email them a week in advance, please include the details of the attached sheet, you'll get a response it was received. They really need at least a week to hear from you in case more info needed, so don't wait until the last minute to email them!

Off Duty Officers that VOWS hires will come by and check on the house, NOT just drive by. They will check the door, etc.

Just email : [Police4VOWS@gmail.com](mailto:Police4VOWS@gmail.com)

## DFWHS Pet of the Month

### Meet Brownie!

For any of you concerned about your diet, I'm a Brownie that doesn't come with the guilt! I'm big and beautiful as well as playful and energetic. I love toys and running and water and playing and fetching and loving. I could go on, but I have to save some mystery for when you come to meet me. I am a friendly 3-year-old gal. I am best suited as your only fur baby due to my size and energetic personality. I like a lot of attention. I will be a loyal companion. Let's meet— at DFW Humane Society (www.dfwhumane.com)



Brownie is ready for her loving forever home and includes the following:

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- General Deworm
- Microchip
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If you'd like to express interest in adopting, please contact us at [www.dfwhumane.com](http://www.dfwhumane.com) or call 972-721-7788

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Office Hours:  
Monday - Friday 7am - 8pm  
Saturday 8am - 6pm  
Closed Sunday

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## KEEP THE *cute bunny* OUT OF YOUR YARD

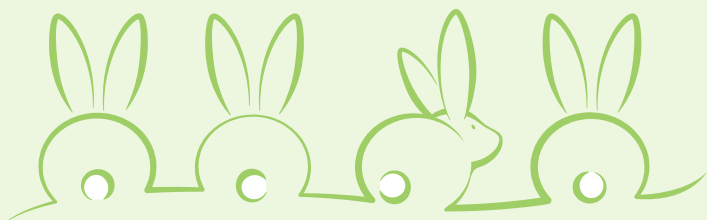
You spend time and money on landscaping your yard. You may have a garden of vegetables or beautiful arrays of flowers. And one little bunny rabbit can destroy all your hard work. There are a few things you can do to discourage rabbits from your garden and yard. These ideas and suggestions are not guaranteed to keep rabbits from your yard but can be a deterrent.

- You can create a barrier by planting geraniums around the perimeter of your garden and landscape. Rabbits do not like the smell of geraniums.
- This next idea may sound crazy but rabbits are repelled by the scent of humans and it is suggested that you should sprinkle some human hair between your plants and rows of flowers.
- Using a life sized plastic owl mounted on a stick above your garden will deter rabbits as well as most rodents. Owls prey on mice, rabbits and squirrels.
- A fake rubber snake positioned in and around your garden can act as a stop sign for rabbits. Rabbits hate snakes. Make sure you tell the whole family if you decide to place fake snakes around your yard as it could be unnerving to your family not just the rabbits.
- A standard chicken wire fence can also be placed around a vegetable garden which will work although it may be a little unsightly but it will keep the rabbits out.

• And last but not least is organic product called Rabbit Scram which can be purchased on Amazon or at stores such as Walmart. This product repels rabbits due to an offensive scent and triggers a defense mechanism in the rabbits causing them to flee from predators. A hint to help this product work even better is to wash away or gather rabbit pellets out of your yard before applying Rabbit Scram.

Hopefully a few of these ideas will keep the rabbits hopping right past your yard.

**DID YOU KNOW**  
*that rabbits do not like the smell of geraniums or the scent of humans?*



Calling  
**AFTER-HOURS**  
877-378-2388

After regular business hours, our management company has a very efficient emergency response system in place in order to respond to appropriate emergencies, which are situations that can cause the damage of property. You may reach out Customer Care Center after hours at 877-378-2388.

Our management company can do little about your neighbor's dog barking at 3am. We recommend calling the police non-emergency number at 817-392-1234. The best way to handle this kind of situation long term, is for you and other affected neighbors to report it in writing each time an incident occurs and submit it to the City of Fort Worth.

Prowlers and vandals are best handled by the local law enforcement officials. The quickest, most effective response and enforcement will come from the Police department.

However, if a broken common area sprinkler or irrigation timer is threatening property, the management company should be notified by calling the Customer Care Center number listed above. Our staff is on call, and will handle the emergency as soon as possible.

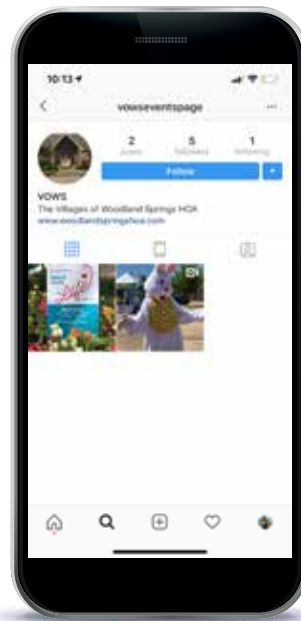
A rule of thumb to remember when determining whether or not to call the management company after-hours is that if the property threatening situation can be addressed by one of the Association's contractors, and if not reported immediately will cause personal or property damage, then call.

Remember, our Board of Directors and management depend on the eyes and ears of the community to make sure that all of community's needs are met. Please don't hesitate to contact management during normal business hours with any questions you may have about the after-hours policy.

## FOLLOW US!

**The Villages of Woodland Springs is on Instagram!**

Follow @VOWSEventsPage for event updates and featured volunteers! If you see someone doing a good deed in the neighborhood please be sure to tag the new page!







LANDSCAPE & GROUNDS COMMITTEE

## LANDSCAPE CORNER

For Woodland Word & E-blast  
Newsletter provided by



**JIM HOUSTON**

Landscape & Grounds  
Committee (LGC)  
Chairperson & VP  
Board of Directors

### Look for Future Articles on:

What's Zoysia? New Grass  
Sodding around VOWS

Foot Lighting - ~Walking path  
enjoyment, Extended

Median Nose Tip Landscaping -  
Pretty Turns

Woodland Springs Entry Drive -  
Tree Replacements

Parkway Trees - City of Fort  
Worth Partner

Pond Dredging - Our irrigation  
ponds are filling in with silt.  
"Eureka!" - we have a solution!

## Circle Azalea Bed at The Slide Pool - NICE "SPACE"!

### Hello Neighbors!

Just a quick reminder - we can all make a difference by reporting landscape issues that are of concern to our management office or by reaching out directly to the LGC via email at [vowslandscapeandgrounds@gmail.com](mailto:vowslandscapeandgrounds@gmail.com).

So if you ever go swimming at the slide pool on the eastern side of VOWS you may have walked on that circle shaped sidewalk in the center of the park? I walk there all the time since I live on Copper Creek Drive adjacent to it. That circle of mostly bare dirt has always caught my attention. To me, it seemed like a nice place to have a seat, enjoy the shade, and maybe the view?

Except, "Houston, we have a problem!", (I get that a lot), there was no seat and really not much of a view. Other than that, it was a great "space" (ok, no more NASA jokes). So add a little elbow grease, some bedding plants - including several longer blooming encore azaleas, a little donated flagstone and a bench - and Viola!, (that's "WHA-LAHH!!!" in Texan), it's a photo-op spot for great pics with family members and/or just to sit, relax, (maybe away from said family members?), and contemplate life... but we'll leave that to you...

By creating large and small "walk-to" green spaces that include shade, seating, trash receptacles and sometimes safety lighting, we are following the Landscape Committee's, "3 Pillars" vision for a greener, shadier, and a more pedestrian friendly neighborhood for our residents to enjoy. That's all for this time, I hope you enjoyed reading LGC Landscape Corner, and remember, it takes our entire community cooperating together to keep VOWS one of the best neighborhoods to live in, in North Texas!

Thanks, *Jim*



# How to Make Your Empty Nest Your Escape

So the chicks have flown the coop, and now you are left with extra rooms and a little more freedom. Sure, you could keep things the way they are in hopes that everyone returns for summer break. Or, you could do something for yourself by changing your space around so that you can enjoy your retirement on your own terms. Not sure where to start? Follow the budget-friendly tips below.

## CONSIDER AN ADDITION.

Even though you now have a free bedroom or two, if you really want to keep them open, you can add an addition to your home to give you extra square feet for what you want, such as a home office, workout area, or just for storage. Keep in mind, however, that people spend around \$44,774 on average for an extra room. You may wind up out-of-pocket \$125,000 or more depending on the size of the space and the materials needed to complete the project.

## CREATE YOUR OWN LIBRARY.

Reading is something that has many benefits throughout your lifetime. And there is no better place to indulge in a good book than your own private library. Now that you've got yourself an empty room, grab your tools, and get to work designing a bookshelf that fits the space. The Home Depot explains that a standard six-shelf bookshelf might take you around four hours but is a fairly simple project. Pay close attention to the lighting in the room as the last thing you want to do is settle in only



to strain your eyes. If you don't have access to ample daylight, replace the ceiling light fixture with something more suitable for your reading needs.

### **MAKE YOUR KITCHEN A CULINARY SANCTUARY.**

Now that you are not regularly cooking for a crowd, you might want to focus on quality over quantity. Not only is eating healthy crucial for your mind and body, but cooking is also an excellent hobby. You don't have to have a gourmet kitchen, but a few DIY upgrades can make your space more efficient. Popular Mechanics suggests adding a pot hanger, installing concrete countertops, or putting in a kitchen bar, the latter of which will be an inviting area for friends and family to test your new kitchen skills.

### **INDULGE IN A HOME SPA.**

Throughout your children's high school years, you likely spent tons of time shuttling people back and forth to events and attending functions. Now that you have a chance to relax, you should take it. Consider turning your master bathroom into a private retreat. Perhaps the least expensive option on the list,



all you really need is a soothing paint color, some candles, and some inexpensive DIY spa treatments stocked away in the linen closet. High-quality towels and a comfortable rug to step out onto (which you can get at Bed Bath & Beyond for \$12.99) will complete your experience.

### **A HOME GYM.**

Your home gym can be whatever you want it to be. Whether you need a room for yoga or somewhere to work on your biceps and quads, there's never been a better time to take up a workout routine. If you plan to have a ton of heavy equipment, your garage might make the most sense. But, an exercise bike, jump rope, and a few other pieces of gym equipment can easily fit into the spare bedroom, which also has the benefit of being climate-controlled year-round.

Your space is now yours, and you have the power to make it anything you want. Don't keep the kids' space the way it is because they might return home after college. The truth is that you have done your job, and now it's time to live life on your own terms. And if all else fails, you can still build that addition and ensure that everyone has a place to come home to.



## **NOTARY ON SITE**

Notary Public services are now at the VOWS HOA office. Services are provided by appointment only.

Please call or send an email to [claudia.lindsey@fsresidential.com](mailto:claudia.lindsey@fsresidential.com) to schedule and appointment.

Services are free to VOWS residents.

## **CONNECT RESIDENT PORTAL**

For resident specific questions, governing documents and account information visit the resident exclusive website

<https://thevillagesofwoodlandsprings.connectresident.com/>

Residents Can:

- Download meeting minutes and financial documents
- View or pay their account balance
- Sign up for text and voice community alerts
- Manage their emergency contact information
- View a calendar of community events
- View or download community forms and documents
- Contact the 24/7 Customer Care Center

# CODE BLUE CONNECTION

## What is Code Blue?

If you work in a hospital setting, Code Blue is the term used for an emergency. In that setting, you are directed to an area in which the emergency is taking place. You are then given verbal commands by physicians to start emergency treatment on a patient.

Twenty nine years ago, in 1991 the Fort Worth Police Department started the Citizens on Patrol program. It was given the moniker "Code Blue (COP) Citizens on Patrol", when Congresswoman Kay Granger was the Mayor of Fort Worth and Chief Thomas Windham was the Chief of Police. By utilizing the residents of Fort Worth (as extra eyes and ears) for the Police Department, they empowered the city to help combat the crime on the streets.

The Code Blue program began with 105 volunteer residents. Now, in North Division alone, we have 80 volunteers! North Division has one of the most active COP Groups in the City.

The volunteers send a strong message to all law enforcement that they are not alone. Because of the willingness of citizen volunteers throughout the city, we are able to live in a more safe and secure city.

You are probably wondering how citizen volunteers can help keep our neighborhood

safe. By driving around, making a presence with signs on our cars, we become deterrents. If a perpetrator is in our neighborhood and sees the signs on our cars, they are more likely to leave the area. Since we are the "eyes and ears" for FWPD, we can watch for criminal behavior or hear if someone is calling out for help. As we drive around we become familiarized with streets, homes and vehicles. If something looks out of place we may be the first to notice.

Most people assume they don't have time to commit to a program like Code Blue. Four hours a month is all that is required to be issued a police radio/charger, signs, shirts and jackets. The program has more to offer than driving around in your car. We are trained to patrol, walk or ride a bike. For those who are shut-ins or just don't want to drive, the program uses volunteers

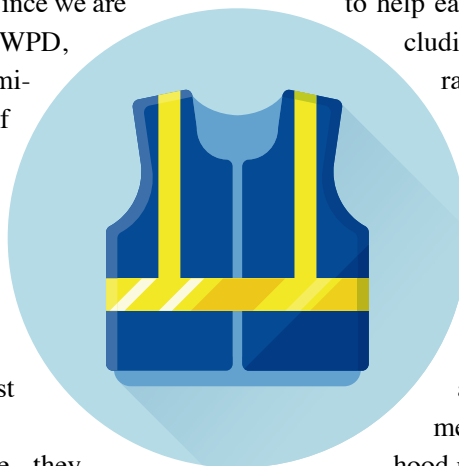
to monitor the police radio and check on the safety of each patroller. You would record a patroller going out on patrol as well as those

ending their patrol. Once an hour the monitor checks on each patroller by doing a roll-call.

The program has many safety features to help each patroller stay safe, including a direct link (on our radio) to the 911 Dispatch operator. With the push of a button we have immediate help at our fingertips. COP members can attend a monthly meeting with the North Division Commander as well as a monthly beat meeting with our neighborhood police Officer Barry Sawyer. We also have a great time with all the Officers by having cook-outs, recruitment drives and even undercover special details during the summer months.

If you would like to make a difference in our neighborhood and take a stand against crime, consider joining the FWPD Code Blue Citizen on Patrol program. Classes are offered once a month rotating through all the Divisions throughout the year. We are CJIS certified, fingerprinted and have background checks.

Contact Cindy Strause the N. Division Coordinator at [Cindy.Strause@fortworthtexas.gov](mailto:Cindy.Strause@fortworthtexas.gov).



**If you would like to make a difference in our neighborhood and take a stand against crime, consider joining the FWPD Code Blue Citizen on Patrol program.**

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# Events 2020

**Daddy Daughter Dance - 2/1**

**80's Dance - 2/15**

**Egg Hunt - 3/28**

**Mother Son Social - 5/9**

**School's Out Luau - 6/6**

**Forth of July Celebration - 7/4**

**Back to School Bash - 8/1**

**Fall Fest/Chili Cook-off - 10/10**

**Goat Yoga - TBD**

**Breakfast with Santa - 12/5**

**Firefighter Meet and Greet - TBD**





**Yard of the Month is taking a break.**  
*See you next Spring!*

# VOWS OWLS

**Older, Wiser, Lively Seniors**



**Every Wednesday**  
**VOWS Amenity**  
**Center**  
**10 AM – 11:30 AM**

Over 50? Meet with fun folks at our weekly event. Bingo, card games, exercise classes and potlucks are just a few of the activities planned. Our goal is to bring together senior residents in our neighborhood for fun activities. We plan to meet weekly on Wednesdays at 10:00 AM in the Amenity Center.

**For more information, please contact the HOA office at 817-741-1719.**

## TYPES OF DEFICIENCIES

*& their solutions*

### NITROGEN deficiency

**SIGNS:**

Yellow or pale green leaves, stunted growth.

**SOULTION:**

Add coffee grounds directly to your soil or plant nitrogen-rich plants near nitrogen-deficient plants. Common nitrogen-rich plants include beans and peas.



### PHOSPHOROUS deficiency

**SIGNS:**

Darkening around edges of leaves, small or absent flowers, stunted growth.

**SOULTION:**

Add bone meal directly to soil. You can also add used fish tank water to soil if it does not contain saltwater. This water is also a good source of nitrogen.



### POTASSIUM deficiency

**SIGNS:**

Leaves with brown spots, brown or yellow veins or yellow edges. This deficiency is more susceptible to disease and drought.

**SOULTION:**

Bury banana peels an inch into your soil. Peels take a while to rot, so this is a method that will slowly help your plants. Banana peels also deter aphids.



### MAGNESIUM deficiency

**SIGNS:**

Yellowing of veins and edges of leaves. Can sometimes have a marbled appearance.

**SOULTION:**

Add epsom salt directly to the top of your soil before you water your soil. Epsom salt is especially beneficial for tomatoes, peppers and roses.



### CALCIUM deficiency

**SIGNS:**

Yellow spots between leaf veins, blossom end rot, stunted growth, weak or dying stems.

**SOULTION:**

Add crushed egg shells into soil. This method will slowly help your plants, so make sure you till the egg shells well into the soil to help the process along.



ProFlowers

[www.proflowers.com/blog/homemade-plant-food](http://www.proflowers.com/blog/homemade-plant-food)



## Important Reference Numbers



### Important Reference Numbers

Animal Control.....	817-392-1234
Code Enforcement.....	817-392-1234
Fire (non-emergency).....	817-922-3000
Graffiti.....	817-392-3670
Police (non-emergency).....	817-392-4222
Trash/ Recycle.....	817-392-1234
Water.....	817-392-4477
VOWS (onsite office).....	817-741-1719
VOWS (after hours).....	877-378-2388



## IMPORTANT ANNOUNCEMENT

**This is the **Final** issue of the Woodland Word.**

**Sign up for the E-News Periodical to receive bi-weekly news updates on events and important information within VOWS. Email [Claudia.Lindsey@fsresidential.com](mailto:Claudia.Lindsey@fsresidential.com) to sign up today!**

## CLEANING YOUR CAST IRON SKILLET



While your cast iron skillet is hot from cooking your favorite dish, place enough water to cover the bottom. Lightly scrub using a long handled dish cleaning brush to loosen any cooked on food. Turn the burner to low heat, add a tablespoon of salt to the water in the skillet, continuing to lightly scrub the bottom and sides. Remove the skillet from the heat and rinse the salty water from the skillet, with hot tap water then pat dry. The final step is to apply a small amount of oil to the bottom and sides with a paper towel. Your cast iron skillet is ready to cook again!

There are numerous benefits to cooking with a cast iron skillet. One significant benefit is that food cooked in an iron skillet absorbs iron which boosts your bodies iron intake. Studies show that many women and some men lack iron in their diet which can lead to anemia. Other benefits are durability, cast iron requires less oil, can handle high heat and food cooks more evenly.

Whether you inherited a cast iron skillet from your grandmother or purchased one yourself, either way knowing how to clean it is fundamentally necessary for continued use in order to reap the benefits of cooking in your cast iron skillet.

# CALENDAR OF EVENTS – MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Texas Independence Day	3 Primary Elections	4 VOWS OWLS 10 – 11:30am	5 Cowtown Stackers 5 – 6pm	6	7
8	9	10 Egg Stuffing	11 VOWS OWLS 10 – 11:30am	12 Egg Stuffing Daytime Crafters 10am – 3pm Cowtown Stackers 5 – 6pm	13	14
15	16	17	18 VOWS OWLS 10 – 11:30am	19 Cowtown Stackers 5 – 6pm	20	21 NFWA Meeting 9 – 11am
22	23	24 Board Meeting 6:30pm	25 VOWS OWLS 10 – 11:30am	26 Cowtown Stackers 5 – 6pm	27	28 VOWS Egg Hunt
29	30	31				



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